“Ninchisho (Dementia) Supporter Caravan"
Supporter Training in Communities

National Caravan-Mate Coordinating Committee
Hiroko Sugawara
"Ninchisho Supporter Caravan" = Dementia Edification
Campaign to encourage early detection and treatment while reducing prejudice and gaining awareness

Ninchisho(Dementia) Supporter is... **not a special someone**
With proper knowledge of dementia, they aid, support, and watch over the people and their families

Caravan-Mate is... Trainer for the Ninchisho Supporters

Target : 6 mil. people in 2017
5.5mil. People as of Sep. 2014

- Started “Ninchisho Supporter Caravan”
- 12,042 (2005)
- 126,621 (2006)
- 384,358 (2007)
- 834,071 (2008)
- 1,511,554 (2009)
- Reached to 1 mil. in fiscal 2009
- Reached to 4 mil. in fiscal 2013
- 3,010,789 (2010)
- 3,767,658 (2011)
- 4,564,426 (2012)
- 5,000,895 (2013)
- Target: 4 mil.
- Target : 6 mil. people in 2017
- 5,5mil. People as of Sep. 2014
1. "Ninchisho Supporter Caravan" System

**Able to keep living in the familiar environment with multi-tiered support for dementia**

- **Municipalities + National Caravan-Mate Coordinating Committee**
  - **Caravan-Mate training** (Trainers for the supporter training)
  - Supporter training by municipal Caravan-Mates
    - Residents/workplaces/schools
  - FY 2014 Ave. 16 times/mo
    - Held at 2393 places
  - Increasing 75,431 ppl/mo

- **1st Tier**
  - Caravan-Mate Training Instructors (medical profession)
    - Consultation/Diagnosis/Treatment

- **2nd Tier**
  - Caravan-Mate (multi-role)
    - Consultation/Care
    - Trainers for Supporter Training

- **3rd Tier**
  - Caravan-Mate training (Trainers for the in-house supporter training)
    - Workplace supporter training by companies and organizations Caravan-Mates
  - Supporters
    - Residents/workplaces/schools
    - Watch/Support

- **Companies and Organizations + National Caravan-Mate Coordinating Committee**
## 2. Dementia Awareness Campaign and Support Structure

### Knowledge Transfer and Multi-Tiered Support Infrastructure Using Unified Learning Resource

<table>
<thead>
<tr>
<th>Tier</th>
<th>Support Structure</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Tier</td>
<td><strong>1) Medical professionals specializing in dementia</strong> trains 2) Caravan-Mates</td>
</tr>
<tr>
<td></td>
<td>Diagnosis/Treatment/Consultation → Knowledge transfer → Dementia specialists</td>
</tr>
<tr>
<td></td>
<td>• Doctors at Dementia Medical Center, medical school professors</td>
</tr>
<tr>
<td>2nd Tier</td>
<td><strong>2) Caravan-Mate (100,147) Train Ninchisho Supporter</strong></td>
</tr>
<tr>
<td></td>
<td>Nursing care/consultation → Knowledge transfer → Multi-role Caravan-Mates</td>
</tr>
<tr>
<td></td>
<td>• E.g. care managers, nursing staff, public health nurses, nurses, doctors, nursing consultants, children's public welfare leaders, administrative, volunteer leaders, academics (professors, teachers), companies (CSR, training), etc.</td>
</tr>
<tr>
<td>3rd Tier</td>
<td><strong>3) 5.5 million Ninchisho Supporters in Practice</strong></td>
</tr>
<tr>
<td></td>
<td>Support by Watching → Knowledge transfer → E.g. local residents, police officers, firefighters, vehicle drivers, transportation operators, shopkeepers, clerks, bankers, students (elementary, junior-high, high school), elderly club members, family clubs, children's committee, caretakers, couriers, postmen, mechanic, etc.</td>
</tr>
</tbody>
</table>

People with dementia and their families
3. Effect of "Ninchisho Supporter Caravan"
(1) Early Detection and Treatment

Number of patients hospitalized, and severity upon their initial visit
Towns with 2 Ninchisho supporters per elderly over age 65

2012 comparison of 4 Reinan towns in Fukui prefecture
New patient severity by region (CDR): %

<table>
<thead>
<tr>
<th>Town</th>
<th>CDR 0</th>
<th>CDR 0.5</th>
<th>CDR 1</th>
<th>CDR 2</th>
<th>CDR 3</th>
<th>New Patients</th>
<th>Hospitalized</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tsuruga</td>
<td>20.5</td>
<td>14.5</td>
<td>22.1</td>
<td>26.0</td>
<td>39.0</td>
<td>63</td>
<td>90</td>
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<tr>
<td>Mihama</td>
<td>14.5</td>
<td>25.8</td>
<td>51.2</td>
<td>21.0</td>
<td>35.5</td>
<td>47</td>
<td>63</td>
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<tr>
<td>Wakasa</td>
<td>0</td>
<td>0</td>
<td>8.1</td>
<td>14.0</td>
<td>21.4</td>
<td>29</td>
<td>19</td>
</tr>
<tr>
<td>Obama</td>
<td>0</td>
<td>0</td>
<td>2.3</td>
<td>14.3</td>
<td>39.3</td>
<td>14</td>
<td>29</td>
</tr>
</tbody>
</table>

*CDR=Clinical Dementia Rating

The first medical examination
Admit to hospital
3. Effect of “Ninchisho Supporter Caravan”

(2) Supporter activities: Zero Wandering-Missing (Kikuchi-shi, Kumamoto prefecture)

- Dementia Regional Watch Helpers
- Dementia Regional Watch Contributors and Collaborators
- Night Watch Helpers

Regional-Watch Helpers

Dementia Regional-Watch Helper Registration Form

Supporters are who can find wandering people e.g. shopkeepers, delivery man on route, people with daily walking or exercise routine
4. "Ninchisho Supporter Caravan" for overseas

<table>
<thead>
<tr>
<th>Location</th>
<th>Organization</th>
<th>Dates</th>
<th>Caravan-Mate</th>
<th>Supporter</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Caravan-Mate Training</td>
<td></td>
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<tr>
<td>Toronto (Canada)</td>
<td>Toronto Japanese Social Services</td>
<td>Oct., 2013</td>
<td>52</td>
<td>7</td>
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<tr>
<td></td>
<td></td>
<td>Caravan-Mate Training</td>
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<td></td>
</tr>
<tr>
<td>Vancouver (Canada)</td>
<td>Nikkei Seniors Health Care &amp; Housing Society</td>
<td>Sep., 2014</td>
<td>56</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Caravan-Mate Training</td>
<td></td>
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</tr>
<tr>
<td>Dusseldorf (Germany)</td>
<td>Deutsch-Japanischer Verein für kultursensible Pflege</td>
<td>Oct., 2014</td>
<td>51</td>
<td>124</td>
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<td></td>
<td>&quot;Ninchisho Supporters Training Course&quot;</td>
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</tbody>
</table>

* Supporter Training planned in Netherlands, Denmark, and Switzerland at Japanese societies

- Planned in Thailand (Embassy in Thailand) Caravan–Mate Training
- "Ninchisho Supporters Training Course by Chinese" for the Chinese Returnees (on July 25, 2014) at China Returnees Support and Exchange Center
Sixth Grader Johoku Elementary School Student, Hikone-city, Shiga-pref.