

Diagnosis and Support

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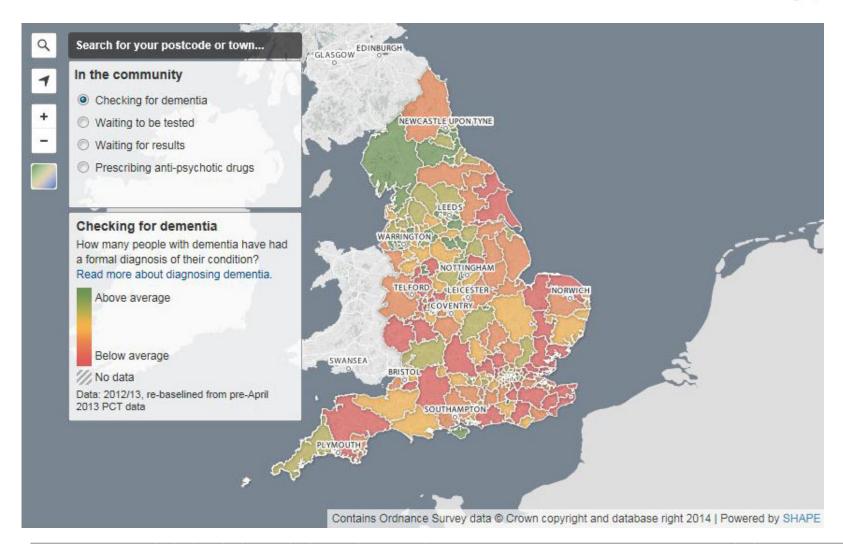


National Dementia Declaration

- I have personal choice and control or influence over decision about me
- I know that services are designed around me and my needs
- I have support that helps me live my life
- I have knowledge and know-how to get what I need
- I live in an enabling and supportive environment where I feel valued and understood
- I have a sense of belonging and of being a valued part of my family, community and civic life
- I know there is research going on which delivers a better life for me now and hope for future

Diagnosis rates in the UK





Working with primary care



- Family doctors
- Health centres
- Specialists

Post Diagnostic Support



Leading the fight against dementia

The dementia quide

Living well after diagnosis



About this guide

This guide is for anyone who has recently been told they have dementia. This could be any type of dementia, such as Alzheimer's disease, vascular dementia or mixed dementia.

It will also be useful to close friends and family of someone with dementia, as it contains information for anyone taking on a caring role.

The booklet will help people to understand more about dementia and the treatments, support and services that are available. It includes information about living as well as possible with dementia and about making plans for the future.

You might choose to read the whole booklet, or, if you prefer, focus on the parts that seem most relevant to you. Each section starts with summarised key points. These have been included for people who may prefer to read an overview of the section rather than the whole thing.

You will find a checklist on page 118. It lists some of the things discussed throughout this guide that you can do to help you live well now and plan for the future.

This guide has been produced by Alzheimer's Society with support and funding from the Department of Health.

For more information visit alzheimers.org.uk





Thank you

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