Dementia Prevention and Care in Japan

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In 2004, the Japanese Government modified the Japanese terminology for "Dementia".
Proportion of the elderly in Japan is the highest in the world.

Prevalence rate of dementia is estimated to be 15% (12-17%, 95% CI), higher than any previous reports in Japan.

Prevalence rate of MCI is estimated to be 13% (10-16%, 95% CI).
5. Better Support for Daily Living and Family Caregivers
6. Reinforcement of Measures for Younger Onset Dementia
7. Training of Personnel Engaged in Care Services
Earlier Diagnosis & Intervention

**Initial-Phase Intensive Support Team (IPIST)**

Integrated community care support center

**IPIST**

1. Visit (assessment)
2. Conference (planning)
3. Visit (guidance)
4. Visit (Intensive support)

Team Conference

Medical and Care specialists

Certified doctor

Long-term care

Long-Term Care Support Specialists

Healthcare

Primary Care Doctors

Medical Center for Dementia

Definitive diagnosis

consultation

Home-Visit

Awareness

Person suspected to be with dementia

consultation

Primary Care Doctors

collaboration

collaboration

collaboration

succession

Primary Care Doctors

collaboration
Structure of the Long-Term Care Insurance System

【How the long-term care insurance system works】

Municipal governments (Insurers)
- Pay 90% of fees

Service providers
- Use of service 10% co-payment

Insurance premiums
- Claim benefits

Insured persons
- Certified as requiring long-term care

Primary insured persons
- Aged 65 and over

Secondary insured persons
- Aged 40-64

【Examples of the long-term care services】

- Home-visit long-term care
  ※ Provided by Home Helpers
- Home-visit nursing
  ※ Medical care is provided by nurses
- Outpatient day long-term care
  ※ By visiting Day Service Centers
- Short-stay services
  ※ Short-term admission to facilities
- Group home for persons with dementia
- Facility services
Integrated Community Care System

To live in community in a pleasant and familiar environment

Livelihood support/preventive long-term care

Medical care

Long-term care

Own home/elderly housing with care service

Integrated community care support center/Long-Term Care Support Specialist

Senior citizens’ clubs, residents’ associations, etc.

* necessary services are available within 30 minutes
“Dementia Supporters”

Training Program

5.5 million Participants

as of Sep, 2014

people of every generation, every occupation are becoming

“Dementia Supporters”

- Community
- Office
- School
- Public office
- LTC Service Providers