

Report on dementia prevention and care in Italy

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Italy at a glance



Area: **301,340** sq km

Population: 60 million

% urban population **68.36**

Life expectancy at birth (2011): **82**

Male: **79.4**

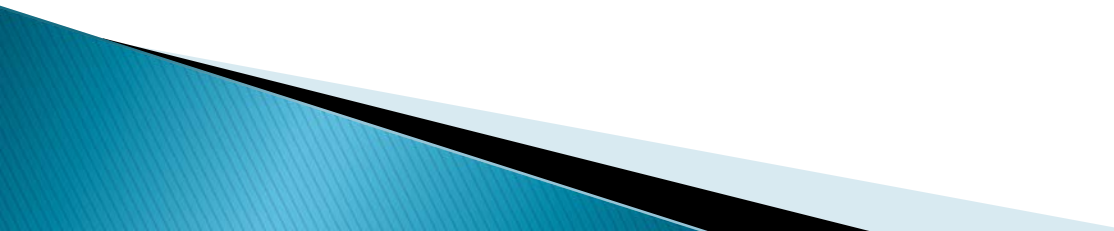
Female: **84.5**

Total fertility rate (2011): **1.39**

Source: ISTAT

WHO European health for all database

Italy and dementia

- ▶ **1.000.000 people with dementia (estimate)**
 - ▶ **3.000.000 estimated family carers**
 - ▶ **In 2000 the so-called «Project CRONOS», starting from an observational study on drugs, established a new approach to dementia which multiplied the number of health services all over Italy (from 50 to 500 Units, regionally based)**
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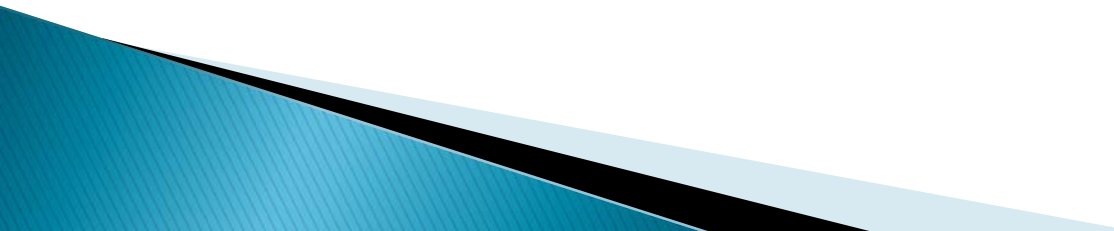
Services for dementia in Italy (survey 2006)



*n° of dementia
Units /Memory
clinics: 503*

*Over 2000
professionals
working*

Services for dementia: survey 2014

- ▶ A new survey is undergoing to update information on the global offer of services in the Country, taking into account the differences among the 20 Italian Regions
 - ▶ Data will be the basis for monitoring the application of the new National strategy (2014)
 - ▶ Local and regional needs are crucial for organizing services, in the framework of National Laws and assuring essential levels of quality care
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The National Plan on dementia

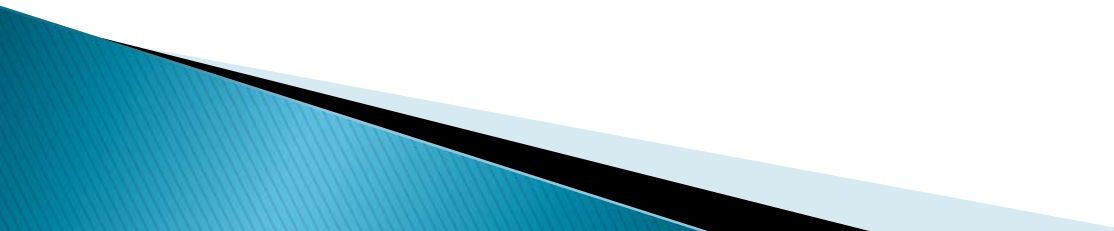
The plan has been developed by the Ministry of health in cooperation with the Regions, the National Institute of health and the major National patients/carers Associations

The strategy addresses:

- ▶ Prevention
 - ▶ *Network of services*
 - ▶ Integrated care
 - ▶ *Research*
 - ▶ Ethics and empowerment of patients/carers
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The National Plan on dementia

The actions listed aim at:

- ▶ Integrating disciplines and professionals
 - ▶ Integrating health and social approach and functions
 - ▶ Training specialists, also in common settings with GPs and carers
 - ▶ Developing/adjourning Guidelines and Consensus documents
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The National Plan on dementia

- ▶ Assuring quality of care through continuous monitoring
 - ▶ Promoting empowerment of people with dementia
 - ▶ Fighting stigma and promoting social inclusion
 - ▶ Offering support to carers and involving them in every phase of diagnosis/treatment
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