

V. Anthropometry and Physiological Examinations

1) Anthropometric measurements

(Automatic weighing scale with height scale, WB-510, TANITA Corp.)

Height
 Weight
 Body Mass Index (BMI)

2) Physiological examinations

(Automatic blood pressure analyzer, HBP-9020, OMRON COLIN Co., Ltd.)

Systolic blood pressure
 Diastolic blood pressure
 Pulse rate

1) Anthropometric measurements

Height (cm)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	170.2	6.1	221	167.8	5.8	256	164.7	6.0	240	162.1	5.7	129	166.7	6.5	846
Female	156.8	4.8	260	154.0	5.3	254	151.1	4.7	200	148.0	5.3	127	153.3	5.8	841
Total	162.9	8.6	481	160.9	8.8	510	158.5	8.7	440	155.1	8.9	256	160.0	9.1	1687

Weight (kg)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	69.7	10.8	221	67.4	9.9	256	63.6	8.6	240	60.0	7.9	129	65.8	10.1	846
Female	54.9	9.5	260	55.1	10.5	254	52.9	8.4	200	48.6	6.6	128	53.5	9.4	842
Total	61.7	12.5	481	61.3	11.9	510	58.7	10.0	440	54.3	9.2	257	59.7	11.5	1688

Body mass index (kg/m²)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	24.0	3.4	221	23.9	2.9	256	23.4	2.8	240	22.8	2.7	129	23.6	3.0	846
Female	22.3	3.6	260	23.2	4.3	254	23.2	3.6	200	22.2	2.8	127	22.8	3.7	841
Total	23.1	3.6	481	23.6	3.6	510	23.3	3.2	440	22.5	2.7	256	23.2	3.4	1687

2) Physiological examinations

Systolic blood pressure (mmHg)

50-59yr	60-69yr	70-79yr	80yr-	Total
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	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	125.3	14.7	221	133.4	15.7	256	134.0	16.6	240	137.6	17.6	129	132.1	16.6	846
Female	118.7	17.4	260	126.4	17.4	253	133.9	16.7	200	139.7	17.6	127	127.8	18.8	840
Total	121.7	16.5	481	129.9	16.9	509	133.9	16.6	440	138.6	17.6	256	130.0	17.8	1686

Diastolic blood pressure (mmHg)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	76.8	11.0	221	79.9	11.4	256	76.7	11.3	240	73.6	11.6	129	77.2	11.5	846
Female	70.6	12.5	260	71.6	11.0	253	72.3	10.8	200	72.4	10.3	127	71.6	11.4	840
Total	73.4	12.2	481	75.8	11.9	509	74.7	11.3	440	73.0	11.0	256	74.4	11.7	1686

Pulse rate (/min)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	71.3	11.8	221	71.5	12.0	256	70.6	10.9	240	72.9	11.5	129	71.4	11.6	846
Female	72.7	10.9	260	73.5	10.4	253	75.4	12.0	200	74.9	11.6	127	73.9	11.1	840
Total	72.0	11.3	481	72.5	11.3	509	72.8	11.7	440	73.9	11.6	256	72.7	11.4	1686