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1. Medical history

1) Past and present illness

Cerebrovascular disease or stroke

50-59yr		60-69yr		70-79yr		80yr-		Total	
N	%	N	%	N	%	N	%	N	%

Never	Male	216	97.7	250	97.7	227	94.6	112	86.8	805	95.2
	Female	259	99.6	251	98.8	192	96.0	120	93.0	822	97.5
	Total	475	98.8	501	98.2	419	95.2	232	89.9	1627	96.3
On medication	Male	2	0.9	6	2.3	11	4.6	8	6.2	27	3.2
	Female	0	0.0	0	0.0	3	1.5	7	5.4	10	1.2
	Total	2	0.4	6	1.2	14	3.2	15	5.8	37	2.2
Previously medicated	Male	1	0.5	0	0.0	2	0.8	9	7.0	12	1.4
	Female	1	0.4	3	1.2	5	2.5	1	0.8	10	1.2
	Total	2	0.4	3	0.6	7	1.6	10	3.9	22	1.3
Not treated	Male	2	0.9	0	0.0	0	0.0	0	0.0	2	0.2
	Female	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Total	2	0.4	0	0.0	0	0.0	1	0.4	3	0.2

Hypertension

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	173	78.3	158	61.7	126	52.5	61	47.3	518	61.2
	Female	239	91.9	192	75.6	117	58.5	55	42.6	603	71.5
	Total	412	85.7	350	68.6	243	55.2	116	45.0	1121	66.4
On medication	Male	44	19.9	93	36.3	101	42.1	59	45.7	297	35.1
	Female	15	5.8	52	20.5	79	39.5	71	55.0	217	25.7
	Total	59	12.3	145	28.4	180	40.9	130	50.4	514	30.4
Previously medicated	Male	2	0.9	3	1.2	13	5.4	7	5.4	25	3.0
	Female	4	1.5	8	3.1	4	2.0	3	2.3	19	2.3
	Total	6	1.2	11	2.2	17	3.9	10	3.9	44	2.6
Not treated	Male	2	0.9	2	0.8	0	0.0	2	1.6	6	0.7
	Female	2	0.8	2	0.8	0	0.0	0	0.0	4	0.5
	Total	4	0.8	4	0.8	0	0.0	2	0.8	10	0.6

Angina pectoris or myocardial infarction

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	217	98.2	244	95.3	222	92.5	108	83.7	791	93.5
	Female	259	99.6	249	98.0	189	94.5	117	90.7	814	96.6
	Total	476	99.0	493	96.7	411	93.4	225	87.2	1605	95.0
On medication	Male	2	0.9	10	3.9	17	7.1	15	11.6	44	5.2
	Female	1	0.4	4	1.6	7	3.5	11	8.5	23	2.7
	Total	3	0.6	14	2.7	24	5.5	26	10.1	67	4.0
Previously medicated	Male	2	0.9	2	0.8	1	0.4	6	4.7	11	1.3
	Female	0	0.0	1	0.4	3	1.5	1	0.8	5	0.6
	Total	2	0.4	3	0.6	4	0.9	7	2.7	16	0.9
Not treated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	1	0.5	0	0.0	1	0.1

Total 0 0.0 0 0.0 1 0.2 0 0.0 1 0.1

Other heart disease

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	211	95.5	226	88.3	207	86.3	96	74.4	740	87.5
	Female	251	96.5	240	94.5	178	89.0	114	88.4	783	92.9
	Total	462	96.0	466	91.4	385	87.5	210	81.4	1523	90.2
On medication	Male	2	0.9	12	4.7	14	5.8	25	19.4	53	6.3
	Female	0	0.0	4	1.6	10	5.0	10	7.8	24	2.8
	Total	2	0.4	16	3.1	24	5.5	35	13.6	77	4.6
Previously medicated	Male	5	2.3	5	2.0	4	1.7	8	6.2	22	2.6
	Female	4	1.5	3	1.2	7	3.5	2	1.6	16	1.9
	Total	9	1.9	8	1.6	11	2.5	10	3.9	38	2.2
Not treated	Male	3	1.4	13	5.1	15	6.3	0	0.0	31	3.7
	Female	5	1.9	7	2.8	5	2.5	3	2.3	20	2.4
	Total	8	1.7	20	3.9	20	4.5	3	1.2	51	3.0

Dyslipidemia

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	184	83.3	193	75.4	178	74.2	100	77.5	655	77.4
	Female	229	88.1	171	67.3	109	54.5	91	70.5	600	71.2
	Total	413	85.9	364	71.4	287	65.2	191	74.0	1255	74.3
On medication	Male	32	14.5	55	21.5	58	24.2	28	21.7	173	20.4
	Female	25	9.6	73	28.7	87	43.5	36	27.9	221	26.2
	Total	57	11.9	128	25.1	145	33.0	64	24.8	394	23.3
Previously medicated	Male	4	1.8	5	2.0	4	1.7	1	0.8	14	1.7
	Female	4	1.5	8	3.1	3	1.5	1	0.8	16	1.9
	Total	8	1.7	13	2.5	7	1.6	2	0.8	30	1.8
Not treated	Male	1	0.5	3	1.2	0	0.0	0	0.0	4	0.5
	Female	2	0.8	2	0.8	1	0.5	1	0.8	6	0.7
	Total	3	0.6	5	1.0	1	0.2	1	0.4	10	0.6

Renal disease

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	215	97.3	250	97.7	229	95.4	121	93.8	815	96.3
	Female	256	98.5	245	96.5	193	96.5	126	97.7	820	97.3
	Total	471	97.9	495	97.1	422	95.9	247	95.7	1635	96.8
On medication	Male	2	0.9	2	0.8	2	0.8	2	1.6	8	0.9
	Female	3	1.2	4	1.6	2	1.0	1	0.8	10	1.2

	Total	5	1.0	6	1.2	4	0.9	3	1.2	18	1.1
Previously medicated	Male	4	1.8	4	1.6	8	3.3	6	4.7	22	2.6
	Female	1	0.4	4	1.6	5	2.5	1	0.8	11	1.3
	Total	5	1.0	8	1.6	13	3.0	7	2.7	33	2.0
Not treated	Male	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	0	0.0	1	0.4	0	0.0	1	0.8	2	0.2
	Total	0	0.0	1	0.2	1	0.2	1	0.4	3	0.2

Liver disease

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	216	97.7	252	98.4	230	95.8	128	99.2	826	97.6
	Female	258	99.2	245	96.5	193	96.5	125	96.9	821	97.4
	Total	474	98.5	497	97.5	423	96.1	253	98.1	1647	97.5
On medication	Male	1	0.5	1	0.4	4	1.7	0	0.0	6	0.7
	Female	1	0.4	2	0.8	3	1.5	1	0.8	7	0.8
	Total	2	0.4	3	0.6	7	1.6	1	0.4	13	0.8
Previously medicated	Male	4	1.8	3	1.2	6	2.5	1	0.8	14	1.7
	Female	1	0.4	5	2.0	3	1.5	3	2.3	12	1.4
	Total	5	1.0	8	1.6	9	2.0	4	1.6	26	1.5
Not treated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	2	0.8	1	0.5	0	0.0	3	0.4
	Total	0	0.0	2	0.4	1	0.2	0	0.0	3	0.2

Cholecystitis or gallstone

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	213	96.4	240	93.8	221	92.1	111	86.0	785	92.8
	Female	255	98.1	232	91.3	184	92.0	114	88.4	785	93.1
	Total	468	97.3	472	92.5	405	92.0	225	87.2	1570	93.0
On medication	Male	0	0.0	0	0.0	1	0.4	1	0.8	2	0.2
	Female	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Total	0	0.0	0	0.0	1	0.2	2	0.8	3	0.2
Previously medicated	Male	7	3.2	13	5.1	13	5.4	14	10.9	47	5.6
	Female	3	1.2	17	6.7	14	7.0	10	7.8	44	5.2
	Total	10	2.1	30	5.9	27	6.1	24	9.3	91	5.4
Not treated	Male	1	0.5	3	1.2	5	2.1	3	2.3	12	1.4
	Female	2	0.8	5	2.0	2	1.0	4	3.1	13	1.5
	Total	3	0.6	8	1.6	7	1.6	7	2.7	25	1.5

Diabetes mellitus

		50-59yr		60-69yr		70-79yr		80yr-		Total	
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		N	%	N	%	N	%	N	%	N	%
Never	Male	209	94.6	223	87.1	202	84.2	106	82.2	740	87.5
	Female	250	96.2	234	92.1	173	86.5	118	91.5	775	91.9
	Total	459	95.4	457	89.6	375	85.2	224	86.8	1515	89.7
On medication	Male	11	5.0	29	11.3	38	15.8	20	15.5	98	11.6
	Female	9	3.5	18	7.1	25	12.5	11	8.5	63	7.5
	Total	20	4.2	47	9.2	63	14.3	31	12.0	161	9.5
Previously medicated	Male	1	0.5	2	0.8	0	0.0	2	1.6	5	0.6
	Female	1	0.4	2	0.8	1	0.5	0	0.0	4	0.5
	Total	2	0.4	4	0.8	1	0.2	2	0.8	9	0.5
Not treated	Male	0	0.0	2	0.8	0	0.0	1	0.8	3	0.4
	Female	0	0.0	0	0.0	1	0.5	0	0.0	1	0.1
	Total	0	0.0	2	0.4	1	0.2	1	0.4	4	0.2

Peptic ulcer

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	210	95.0	208	81.3	200	83.3	106	82.2	724	85.6
	Female	249	95.8	237	93.3	186	93.0	118	91.5	790	93.7
	Total	459	95.4	445	87.3	386	87.7	224	86.8	1514	89.6
On medication	Male	0	0.0	3	1.2	2	0.8	1	0.8	6	0.7
	Female	0	0.0	1	0.4	0	0.0	3	2.3	4	0.5
	Total	0	0.0	4	0.8	2	0.5	4	1.6	10	0.6
Previously medicated	Male	9	4.1	42	16.4	36	15.0	21	16.3	108	12.8
	Female	10	3.8	15	5.9	12	6.0	8	6.2	45	5.3
	Total	19	4.0	57	11.2	48	10.9	29	11.2	153	9.1
Not treated	Male	2	0.9	3	1.2	2	0.8	1	0.8	8	0.9
	Female	1	0.4	1	0.4	2	1.0	0	0.0	4	0.5
	Total	3	0.6	4	0.8	4	0.9	1	0.4	12	0.7

Tuberculosis or pleuritis

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	221	100.0	252	98.4	236	98.3	116	89.9	825	97.5
	Female	257	98.8	249	98.0	196	98.0	121	93.8	823	97.6
	Total	478	99.4	501	98.2	432	98.2	237	91.9	1648	97.6
On medication	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Previously medicated	Male	0	0.0	4	1.6	3	1.3	13	10.1	20	2.4
	Female	3	1.2	5	2.0	2	1.0	8	6.2	18	2.1
	Total	3	0.6	9	1.8	5	1.1	21	8.1	38	2.2
Not treated	Male	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1

Female	0	0.0	0	0.0	2	1.0	0	0.0	2	0.2
Total	0	0.0	0	0.0	3	0.7	0	0.0	3	0.2

Asthma

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Total	0	0.0	0	0.0	0	0.0	1	0.4	1	0.1
Never	Male	204	92.3	245	95.7	231	96.3	125	96.9	805	95.2
	Female	246	94.6	238	93.7	186	93.0	123	95.3	793	94.1
	Total	450	93.6	483	94.7	417	94.8	248	96.1	1598	94.6
On medication	Male	3	1.4	3	1.2	5	2.1	3	2.3	14	1.7
	Female	4	1.5	5	2.0	4	2.0	3	2.3	16	1.9
	Total	7	1.5	8	1.6	9	2.0	6	2.3	30	1.8
Previously medicated	Male	14	6.3	8	3.1	4	1.7	1	0.8	27	3.2
	Female	10	3.8	11	4.3	9	4.5	2	1.6	32	3.8
	Total	24	5.0	19	3.7	13	3.0	3	1.2	59	3.5
Not treated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	1	0.5	0	0.0	1	0.1
	Total	0	0.0	0	0.0	1	0.2	0	0.0	1	0.1

Chronic bronchitis

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	220	99.5	253	98.8	233	97.1	124	96.1	830	98.1
	Female	254	97.7	246	96.9	196	98.0	126	97.7	822	97.5
	Total	474	98.5	499	97.8	429	97.5	250	96.9	1652	97.8
On medication	Male	0	0.0	0	0.0	5	2.1	2	1.6	7	0.8
	Female	2	0.8	3	1.2	2	1.0	3	2.3	10	1.2
	Total	2	0.4	3	0.6	7	1.6	5	1.9	17	1.0
Previously medicated	Male	0	0.0	3	1.2	2	0.8	3	2.3	8	0.9
	Female	4	1.5	5	2.0	2	1.0	0	0.0	11	1.3
	Total	4	0.8	8	1.6	4	0.9	3	1.2	19	1.1
Not treated	Male	1	0.5	0	0.0	0	0.0	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	1	0.2	0	0.0	0	0.0	0	0.0	1	0.1

Anemia

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1

	Female	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1
	Total	0	0.0	2	0.4	0	0.0	0	0.0	2	0.1
Never	Male	218	98.6	249	97.3	234	97.5	125	96.9	826	97.6
	Female	204	78.5	198	78.0	170	85.0	117	90.7	689	81.7
	Total	422	87.7	447	87.6	404	91.8	242	93.8	1515	89.7
On medication	Male	0	0.0	0	0.0	2	0.8	0	0.0	2	0.2
	Female	2	0.8	1	0.4	1	0.5	1	0.8	5	0.6
	Total	2	0.4	1	0.2	3	0.7	1	0.4	7	0.4
Previously medicated	Male	2	0.9	5	2.0	3	1.3	4	3.1	14	1.7
	Female	53	20.4	53	20.9	29	14.5	9	7.0	144	17.1
	Total	55	11.4	58	11.4	32	7.3	13	5.0	158	9.4
Not treated	Male	1	0.5	1	0.4	1	0.4	0	0.0	3	0.4
	Female	1	0.4	1	0.4	0	0.0	2	1.6	4	0.5
	Total	2	0.4	2	0.4	1	0.2	2	0.8	7	0.4

Osteoporosis

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	218	98.6	256	100.0	234	97.5	125	96.9	833	98.5
	Female	256	98.5	232	91.3	144	72.0	77	59.7	709	84.1
	Total	474	98.5	488	95.7	378	85.9	202	78.3	1542	91.3
On medication	Male	3	1.4	0	0.0	3	1.3	2	1.6	8	0.9
	Female	3	1.2	19	7.5	40	20.0	43	33.3	105	12.5
	Total	6	1.2	19	3.7	43	9.8	45	17.4	113	6.7
Previously medicated	Male	0	0.0	0	0.0	2	0.8	1	0.8	3	0.4
	Female	1	0.4	3	1.2	15	7.5	8	6.2	27	3.2
	Total	1	0.2	3	0.6	17	3.9	9	3.5	30	1.8
Not treated	Male	0	0.0	0	0.0	1	0.4	1	0.8	2	0.2
	Female	0	0.0	0	0.0	1	0.5	1	0.8	2	0.2
	Total	0	0.0	0	0.0	2	0.5	2	0.8	4	0.2

Rheumatoid arthritis

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	221	100.0	253	98.8	237	98.8	129	100.0	840	99.3
	Female	259	99.6	244	96.1	194	97.0	122	94.6	819	97.2
	Total	480	99.8	497	97.5	431	98.0	251	97.3	1659	98.2
On medication	Male	0	0.0	2	0.8	2	0.8	0	0.0	4	0.5
	Female	1	0.4	9	3.5	4	2.0	3	2.3	17	2.0
	Total	1	0.2	11	2.2	6	1.4	3	1.2	21	1.2
Previously medicated	Male	0	0.0	1	0.4	1	0.4	0	0.0	2	0.2
	Female	0	0.0	0	0.0	1	0.5	4	3.1	5	0.6
	Total	0	0.0	1	0.2	2	0.5	4	1.6	7	0.4

Not treated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	1	0.4	1	0.5	0	0.0	2	0.2
	Total	0	0.0	1	0.2	1	0.2	0	0.0	2	0.1

Knee osteoarthritis

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	221	100.0	249	97.3	228	95.0	118	91.5	816	96.5
	Female	248	95.4	224	88.2	163	81.5	96	74.4	731	86.7
	Total	469	97.5	473	92.7	391	88.9	214	82.9	1547	91.6
On medication	Male	0	0.0	4	1.6	5	2.1	4	3.1	13	1.5
	Female	5	1.9	8	3.1	14	7.0	16	12.4	43	5.1
	Total	5	1.0	12	2.4	19	4.3	20	7.8	56	3.3
Previously medicated	Male	0	0.0	3	1.2	6	2.5	7	5.4	16	1.9
	Female	4	1.5	20	7.9	20	10.0	14	10.9	58	6.9
	Total	4	0.8	23	4.5	26	5.9	21	8.1	74	4.4
Not treated	Male	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	3	1.2	2	0.8	3	1.5	3	2.3	11	1.3
	Total	3	0.6	2	0.4	4	0.9	3	1.2	12	0.7

Gout or hyperuricacidemia

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	1	0.4	1	0.1
Never	Male	197	89.1	217	84.8	206	85.8	110	85.3	730	86.3
	Female	259	99.6	253	99.6	195	97.5	125	96.9	832	98.7
	Total	456	94.8	470	92.2	401	91.1	235	91.1	1562	92.5
On medication	Male	19	8.6	28	10.9	23	9.6	15	11.6	85	10.0
	Female	1	0.4	1	0.4	4	2.0	3	2.3	9	1.1
	Total	20	4.2	29	5.7	27	6.1	18	7.0	94	5.6
Previously medicated	Male	5	2.3	10	3.9	9	3.8	3	2.3	27	3.2
	Female	0	0.0	0	0.0	1	0.5	1	0.8	2	0.2
	Total	5	1.0	10	2.0	10	2.3	4	1.6	29	1.7
Not treated	Male	0	0.0	1	0.4	2	0.8	0	0.0	3	0.4
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	1	0.2	2	0.5	0	0.0	3	0.2

Parathyroid disease

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%

Never	Male	220	99.5	256	100.0	240	100.0	129	100.0	845	99.9
	Female	258	99.2	253	99.6	200	100.0	129	100.0	840	99.6
	Total	478	99.4	509	99.8	440	100.0	258	100.0	1685	99.8
On medication	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.2	0	0.0	0	0.0	0	0.0	1	0.1
Previously medicated	Male	1	0.5	0	0.0	0	0.0	0	0.0	1	0.1
	Female	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	Total	2	0.4	0	0.0	0	0.0	0	0.0	2	0.1
Not treated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1
	Total	0	0.0	1	0.2	0	0.0	0	0.0	1	0.1

Thyroid disease

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	217	98.2	254	99.2	235	97.9	125	96.9	831	98.2
	Female	240	92.3	225	88.6	182	91.0	125	96.9	772	91.6
	Total	457	95.0	479	93.9	417	94.8	250	96.9	1603	94.9
On medication	Male	2	0.9	2	0.8	3	1.3	0	0.0	7	0.8
	Female	7	2.7	8	3.1	10	5.0	0	0.0	25	3.0
	Total	9	1.9	10	2.0	13	3.0	0	0.0	32	1.9
Previously medicated	Male	1	0.5	0	0.0	1	0.4	2	1.6	4	0.5
	Female	11	4.2	18	7.1	5	2.5	3	2.3	37	4.4
	Total	12	2.5	18	3.5	6	1.4	5	1.9	41	2.4
Not treated	Male	1	0.5	0	0.0	1	0.4	2	1.6	4	0.5
	Female	2	0.8	3	1.2	3	1.5	1	0.8	9	1.1
	Total	3	0.6	3	0.6	4	0.9	3	1.2	13	0.8

Cancer

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	216	97.7	233	91.0	206	85.8	97	75.2	752	88.9
	Female	241	92.7	227	89.4	173	86.5	110	85.3	751	89.1
	Total	457	95.0	460	90.2	379	86.1	207	80.2	1503	89.0
On medication	Male	0	0.0	4	1.6	6	2.5	4	3.1	14	1.7
	Female	7	2.7	6	2.4	5	2.5	1	0.8	19	2.3
	Total	7	1.5	10	2.0	11	2.5	5	1.9	33	2.0
Previously medicated	Male	5	2.3	18	7.0	27	11.3	28	21.7	78	9.2
	Female	12	4.6	20	7.9	22	11.0	17	13.2	71	8.4
	Total	17	3.5	38	7.5	49	11.1	45	17.4	149	8.8
Not treated	Male	0	0.0	1	0.4	1	0.4	0	0.0	2	0.2
	Female	0	0.0	1	0.4	0	0.0	1	0.8	2	0.2

Total	0	0.0	2	0.4	1	0.2	1	0.4	4	0.2
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Fracture

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	139	62.9	170	66.4	166	69.2	100	77.5	575	68.0
	Female	213	81.9	196	77.2	135	67.5	86	66.7	630	74.7
	Total	352	73.2	366	71.8	301	68.4	186	72.1	1205	71.3
On medication	Male	0	0.0	1	0.4	1	0.4	1	0.8	3	0.4
	Female	0	0.0	1	0.4	2	1.0	0	0.0	3	0.4
	Total	0	0.0	2	0.4	3	0.7	1	0.4	6	0.4
Previously medicated	Male	79	35.7	80	31.3	73	30.4	28	21.7	260	30.7
	Female	47	18.1	57	22.4	62	31.0	42	32.6	208	24.7
	Total	126	26.2	137	26.9	135	30.7	70	27.1	468	27.7
Not treated	Male	3	1.4	5	2.0	0	0.0	0	0.0	8	0.9
	Female	0	0.0	0	0.0	1	0.5	1	0.8	2	0.2
	Total	3	0.6	5	1.0	1	0.2	1	0.4	10	0.6

Benign prostate hyperplasia

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	219	99.1	237	92.6	194	80.8	84	65.1	734	86.8
	Female	260	100.0	254	100.0	200	100.0	129	100.0	843	100.0
	Total	479	99.6	491	96.3	394	89.5	213	82.6	1577	93.4
On medication	Male	2	0.9	11	4.3	28	11.7	25	19.4	66	7.8
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	2	0.4	11	2.2	28	6.4	25	9.7	66	3.9
Previously medicated	Male	0	0.0	8	3.1	12	5.0	19	14.7	39	4.6
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	8	1.6	12	2.7	19	7.4	39	2.3
Not treated	Male	0	0.0	0	0.0	6	2.5	1	0.8	7	0.8
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	6	1.4	1	0.4	7	0.4

Dementia

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	221	100.0	256	100.0	240	100.0	124	96.1	841	99.4
	Female	260	100.0	254	100.0	200	100.0	126	97.7	840	99.6
	Total	481	100.0	510	100.0	440	100.0	250	96.9	1681	99.5
On medication	Male	0	0.0	0	0.0	0	0.0	4	3.1	4	0.5
	Female	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1

	Total	0	0.0	0	0.0	0	0.0	5	1.9	5	0.3
Previously medicated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
Not treated	Male	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Female	0	0.0	0	0.0	0	0.0	2	1.6	2	0.2
	Total	0	0.0	0	0.0	0	0.0	3	1.2	3	0.2

Parkinson's disease

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	221	100.0	254	99.2	239	99.6	128	99.2	842	99.5
	Female	260	100.0	253	99.6	200	100.0	129	100.0	842	99.9
	Total	481	100.0	507	99.4	439	99.8	257	99.6	1684	99.7
On medication	Male	0	0.0	1	0.4	1	0.4	1	0.8	3	0.4
	Female	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1
	Total	0	0.0	2	0.4	1	0.2	1	0.4	4	0.2
Previously medicated	Male	0	0.0	1	0.4	0	0.0	0	0.0	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	1	0.2	0	0.0	0	0.0	1	0.1
Not treated	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0

2) Medication

Taking regular medications

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	95	43.0	157	61.3	173	72.1	109	84.5	534	63.1
	Female	73	28.1	147	57.9	159	79.5	112	86.8	491	58.2
	Total	168	34.9	304	59.6	332	75.5	221	85.7	1025	60.7
No	Male	126	57.0	99	38.7	67	27.9	20	15.5	312	36.9
	Female	187	71.9	107	42.1	41	20.5	17	13.2	352	41.8
	Total	313	65.1	206	40.4	108	24.5	37	14.3	664	39.3

Types of medications (only for persons taking regular medications: multiple choice)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Hypertension	Male	45	47.4	96	61.1	102	59.0	59	54.1	302	56.6
	Female	16	21.9	54	36.7	80	50.3	73	65.2	223	45.4
	Total	61	36.3	150	49.3	182	54.8	132	59.7	525	51.2
Angina pectoris or	Male	3	3.2	10	6.4	17	9.8	16	14.7	46	8.6

myocardial infarction	Female	1	1.4	4	2.7	8	5.0	11	9.8	24	4.9
	Total	4	2.4	14	4.6	25	7.5	27	12.2	70	6.8
Arrhythmia	Male	1	1.1	10	6.4	13	7.5	17	15.6	41	7.7
	Female	0	0.0	2	1.4	8	5.0	9	8.0	19	3.9
	Total	1	0.6	12	3.9	21	6.3	26	11.8	60	5.9
Heart failure	Male	1	1.1	1	0.6	0	0.0	3	2.8	5	0.9
	Female	0	0.0	0	0.0	1	0.6	2	1.8	3	0.6
	Total	1	0.6	1	0.3	1	0.3	5	2.3	8	0.8
Diabetes mellitus	Male	8	8.4	28	17.8	36	20.8	18	16.5	90	16.9
	Female	8	11.0	18	12.2	22	13.8	10	8.9	58	11.8
	Total	16	9.5	46	15.1	58	17.5	28	12.7	148	14.4
Stroke	Male	2	2.1	6	3.8	11	6.4	10	9.2	29	5.4
	Female	0	0.0	0	0.0	2	1.3	6	5.4	8	1.6
	Total	2	1.2	6	2.0	13	3.9	16	7.2	37	3.6
Sleeplessness or anxiety	Male	3	3.2	5	3.2	9	5.2	7	6.4	24	4.5
	Female	6	8.2	6	4.1	12	7.5	17	15.2	41	8.4
	Total	9	5.4	11	3.6	21	6.3	24	10.9	65	6.3
Depression	Male	5	5.3	1	0.6	1	0.6	0	0.0	7	1.3
	Female	2	2.7	0	0.0	0	0.0	2	1.8	4	0.8
	Total	7	4.2	1	0.3	1	0.3	2	0.9	11	1.1
Dementia	Male	0	0.0	0	0.0	0	0.0	4	3.7	4	0.7
	Female	0	0.0	0	0.0	0	0.0	1	0.9	1	0.2
	Total	0	0.0	0	0.0	0	0.0	5	2.3	5	0.5
Schizophrenia	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	2	2.7	0	0.0	0	0.0	0	0.0	2	0.4
	Total	2	1.2	0	0.0	0	0.0	0	0.0	2	0.2
Dyslipidemia	Male	33	34.7	54	34.4	59	34.1	28	25.7	174	32.6
	Female	24	32.9	72	49.0	87	54.7	36	32.1	219	44.6
	Total	57	33.9	126	41.4	146	44.0	64	29.0	393	38.3
Gastrointestinal disease	Male	8	8.4	17	10.8	33	19.1	20	18.3	78	14.6
	Female	10	13.7	15	10.2	26	16.4	23	20.5	74	15.1
	Total	18	10.7	32	10.5	59	17.8	43	19.5	152	14.8
Hormone drug	Male	2	2.1	1	0.6	7	4.0	2	1.8	12	2.2
	Female	13	17.8	13	8.8	9	5.7	1	0.9	36	7.3
	Total	15	8.9	14	4.6	16	4.8	3	1.4	48	4.7
Osteoporosis	Male	3	3.2	0	0.0	3	1.7	2	1.8	8	1.5
	Female	4	5.5	20	13.6	40	25.2	42	37.5	106	21.6
	Total	7	4.2	20	6.6	43	13.0	44	19.9	114	11.1
Other	Male	42	44.2	66	42.0	79	45.7	54	49.5	241	45.1
	Female	31	42.5	46	31.3	47	29.6	34	30.4	158	32.2
	Total	73	43.5	112	36.8	126	38.0	88	39.8	399	38.9

3) History of surgery

History of head surgery

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	4	1.8	4	1.6	4	1.7	6	4.7	18	2.1
	Female	1	0.4	2	0.8	3	1.5	1	0.8	7	0.8
	Total	5	1.0	6	1.2	7	1.6	7	2.7	25	1.5
No	Male	217	98.2	252	98.4	236	98.3	123	95.3	828	97.9
	Female	259	99.6	252	99.2	197	98.5	128	99.2	836	99.2
	Total	476	99.0	504	98.8	433	98.4	251	97.3	1664	98.5

4) History of hospital admission

History of hospital admission in the past two years

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	13	5.9	31	12.1	38	15.8	30	23.3	112	13.2
	Female	20	7.7	24	9.4	37	18.5	24	18.6	105	12.5
	Total	33	6.9	55	10.8	75	17.0	54	20.9	217	12.8
No	Male	208	94.1	225	87.9	202	84.2	99	76.7	734	86.8
	Female	240	92.3	230	90.6	163	81.5	105	81.4	738	87.5
	Total	448	93.1	455	89.2	365	83.0	204	79.1	1472	87.2

2. Gynecology (only for females)

Presence of menstruation

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes		33	12.7	0	0.0	0	0.0	0	0.0	33	3.9
No		207	79.6	254	100.0	200	100.0	129	100.0	790	93.7
Do not know		20	7.7	0	0.0	0	0.0	0	0.0	20	2.4

Age of the last menstruation (only for postmenopausal females)

		50-59yr			60-69yr			70-79yr			80yr-			Total		
		Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Age		50.3	3.5	207	50.7	4.1	253	49.8	4.9	198	50.2	5.6	122	50.3	4.4	780

3. Daily life and health

1) Health

Self-rated health

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Excellent	Male	28	12.7	9	3.5	11	4.6	2	1.6	50	5.9

	Female	13	5.0	8	3.1	7	3.5	4	3.1	32	3.8
	Total	41	8.5	17	3.3	18	4.1	6	2.3	82	4.9
Good	Male	93	42.1	91	35.5	99	41.3	30	23.3	313	37.0
	Female	91	35.0	68	26.8	38	19.0	23	17.8	220	26.1
	Total	184	38.3	159	31.2	137	31.1	53	20.5	533	31.6
Neither	Male	96	43.4	139	54.3	120	50.0	81	62.8	436	51.5
	Female	151	58.1	168	66.1	132	66.0	85	65.9	536	63.6
	Total	247	51.4	307	60.2	252	57.3	166	64.3	972	57.5
Bad	Male	4	1.8	17	6.6	10	4.2	15	11.6	46	5.4
	Female	5	1.9	10	3.9	23	11.5	15	11.6	53	6.3
	Total	9	1.9	27	5.3	33	7.5	30	11.6	99	5.9
Very bad	Male	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Female	0	0.0	0	0.0	0	0.0	2	1.6	2	0.2
	Total	0	0.0	0	0.0	0	0.0	3	1.2	3	0.2

2) Smoking

Smoking status

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Non-smoker	Male	96	43.4	74	28.9	69	28.8	38	29.5	277	32.7
	Female	226	86.9	216	85.0	189	94.5	125	96.9	756	89.7
	Total	322	66.9	290	56.9	258	58.6	163	63.2	1033	61.2
Ex-smoker	Male	87	39.4	129	50.4	145	60.4	82	63.6	443	52.4
	Female	22	8.5	32	12.6	8	4.0	4	3.1	66	7.8
	Total	109	22.7	161	31.6	153	34.8	86	33.3	509	30.1
Current-smoker	Male	38	17.2	53	20.7	26	10.8	9	7.0	126	14.9
	Female	12	4.6	6	2.4	3	1.5	0	0.0	21	2.5
	Total	50	10.4	59	11.6	29	6.6	9	3.5	147	8.7

Age at start smoking in ex-smoker

		50-59yr			60-69yr			70-79yr			80yr-			Total		
		Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male		19.6	1.5	87	20.0	2.6	128	20.6	3.7	144	21.3	5.5	81	20.4	3.6	440
Female		21.8	4.2	22	22.0	5.1	32	31.0	7.3	8	30.0	9.1	4	23.5	6.3	66
Total		20.0	2.5	109	20.4	3.3	160	21.1	4.6	152	21.8	5.9	85	20.8	4.2	506

Age at quit smoking in ex-smoker

		50-59yr			60-69yr			70-79yr			80yr-			Total		
		Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male		35.3	9.8	87	40.6	12.4	128	46.2	13.5	144	51.0	14.0	82	43.3	13.7	441
Female		35.5	10.5	22	41.2	14.3	32	55.6	15.7	8	54.5	21.4	4	41.8	15.1	66

Total 35.3 9.9 109 40.8 12.7 160 46.7 13.8 152 51.2 14.3 86 43.1 13.9 507

Previous amount of consumption in ex-smoker (pieces/day)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	18.3	8.3	87	18.9	8.2	128	20.9	9.5	143	19.3	9.7	81	19.5	9.0	439
Female	11.3	6.3	22	12.2	8.8	32	15.5	10.7	8	12.0	4.0	4	12.3	8.0	66
Total	16.9	8.4	109	17.6	8.7	160	20.6	9.6	151	19.0	9.6	85	18.6	9.2	505

Age at start smoking in current-smoker

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	20.7	3.7	38	19.7	2.6	53	21.3	4.9	26	25.0	15.0	9	20.7	5.3	126
Female	26.8	13.6	12	28.2	11.5	6	37.7	19.1	3	.	.	0	28.8	13.6	21
Total	22.2	7.7	50	20.6	4.9	59	23.0	8.6	29	25.0	15.0	9	21.9	7.6	147

Amount of consumption in current-smoker (pieces/day)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	16.0	6.1	38	18.0	6.7	53	16.4	6.8	26	13.9	5.8	9	16.8	6.5	126
Female	11.8	6.0	12	10.5	4.4	6	16.7	5.8	3	.	.	0	12.1	5.7	21
Total	15.0	6.3	50	17.3	6.9	59	16.4	6.6	29	13.9	5.8	9	16.1	6.6	147

3) Exercise and sports activity

Continued exercise in the past year (at least 20 minutes once a month)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	121	54.8	168	65.6	179	74.6	91	70.5	559	66.1
	Female	118	45.4	136	53.5	138	69.0	84	65.1	476	56.5
	Total	239	49.7	304	59.6	317	72.0	175	67.8	1035	61.3
No	Male	100	45.2	88	34.4	61	25.4	38	29.5	287	33.9
	Female	142	54.6	118	46.5	62	31.0	45	34.9	367	43.5
	Total	242	50.3	206	40.4	123	28.0	83	32.2	654	38.7

4) Outing

Frequency of outing for work, shopping, walking, or hospital visit

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Once a day or more	Male	210	95.0	228	89.1	196	81.7	94	72.9	728	86.1

	Female	225	86.5	193	76.0	133	66.5	67	51.9	618	73.3
	Total	435	90.4	421	82.5	329	74.8	161	62.4	1346	79.7
Once every two or three days	Male	9	4.1	27	10.5	38	15.8	29	22.5	103	12.2
	Female	32	12.3	56	22.0	62	31.0	49	38.0	199	23.6
	Total	41	8.5	83	16.3	100	22.7	78	30.2	302	17.9
Once a week	Male	2	0.9	1	0.4	6	2.5	5	3.9	14	1.7
	Female	3	1.2	5	2.0	3	1.5	9	7.0	20	2.4
	Total	5	1.0	6	1.2	9	2.0	14	5.4	34	2.0
Almost never	Male	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Female	0	0.0	0	0.0	2	1.0	4	3.1	6	0.7
	Total	0	0.0	0	0.0	2	0.5	5	1.9	7	0.4

Main purpose of outing
(only for persons outing "once a day or more" or "once every two or three days": multiple choice)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Work	Male	212	96.8	190	74.5	91	38.9	15	12.2	508	61.1
	Female	204	79.4	140	56.2	44	22.6	8	6.9	396	48.5
	Total	416	87.4	330	65.5	135	31.5	23	9.6	904	54.9
Shopping	Male	181	82.6	208	81.6	185	79.1	102	82.9	676	81.3
	Female	253	98.4	245	98.4	188	96.4	108	93.1	794	97.2
	Total	434	91.2	453	89.9	373	86.9	210	87.9	1470	89.2
Walking	Male	64	29.2	115	45.1	128	54.7	76	61.8	383	46.1
	Female	56	21.8	76	30.5	103	52.8	59	50.9	294	36.0
	Total	120	25.2	191	37.9	231	53.8	135	56.5	677	41.1
Visiting hospital	Male	3	1.4	15	5.9	17	7.3	18	14.6	53	6.4
	Female	12	4.7	24	9.6	35	17.9	19	16.4	90	11.0
	Total	15	3.2	39	7.7	52	12.1	37	15.5	143	8.7
Meeting friends	Male	21	9.6	29	11.4	53	22.6	29	23.6	132	15.9
	Female	47	18.3	53	21.3	72	36.9	39	33.6	211	25.8
	Total	68	14.3	82	16.3	125	29.1	68	28.5	343	20.8
Hobby	Male	39	17.8	50	19.6	53	22.6	31	25.2	173	20.8
	Female	27	10.5	45	18.1	46	23.6	29	25.0	147	18.0
	Total	66	13.9	95	18.8	99	23.1	60	25.1	320	19.4
Sports	Male	63	28.8	87	34.1	82	35.0	28	22.8	260	31.3
	Female	67	26.1	78	31.3	75	38.5	46	39.7	266	32.6
	Total	130	27.3	165	32.7	157	36.6	74	31.0	526	31.9
Day service	Male	0	0.0	0	0.0	1	0.4	3	2.4	4	0.5
	Female	0	0.0	1	0.4	0	0.0	8	6.9	9	1.1
	Total	0	0.0	1	0.2	1	0.2	11	4.6	13	0.8
Other	Male	3	1.4	22	8.6	44	18.8	26	21.1	95	11.4
	Female	22	8.6	33	13.3	20	10.3	16	13.8	91	11.1
	Total	25	5.3	55	10.9	64	14.9	42	17.6	186	11.3

Reason for staying indoor
(only for persons outing "once a week" or "almost never": multiple choice)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Physical disability	Male	0	0.0	0	0.0	0	0.0	2	33.3	2	13.3
	Female	0	0.0	0	0.0	1	20.0	5	38.5	6	23.1
	Total	0	0.0	0	0.0	1	9.1	7	36.8	8	19.5
Low physical strength	Male	0	0.0	0	0.0	0	0.0	3	50.0	3	20.0
	Female	1	33.3	1	20.0	1	20.0	3	23.1	6	23.1
	Total	1	20.0	1	16.7	1	9.1	6	31.6	9	22.0
No needs to go out	Male	1	50.0	0	0.0	2	33.3	0	0.0	3	20.0
	Female	2	66.7	1	20.0	3	60.0	8	61.5	14	53.8
	Total	3	60.0	1	16.7	5	45.5	8	42.1	17	41.5
Bother	Male	0	0.0	0	0.0	2	33.3	2	33.3	4	26.7
	Female	1	33.3	2	40.0	2	40.0	2	15.4	7	26.9
	Total	1	20.0	2	33.3	4	36.4	4	21.1	11	26.8
No place to visit	Male	0	0.0	0	0.0	2	33.3	2	33.3	4	26.7
	Female	1	33.3	0	0.0	0	0.0	1	7.7	2	7.7
	Total	1	20.0	0	0.0	2	18.2	3	15.8	6	14.6
No money	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	33.3	0	0.0	0	0.0	0	0.0	1	3.8
	Total	1	20.0	0	0.0	0	0.0	0	0.0	1	2.4
No person to go with	Male	0	0.0	0	0.0	0	0.0	2	33.3	2	13.3
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	2	10.5	2	4.9
Other	Male	1	50.0	0	0.0	0	0.0	0	0.0	1	6.7
	Female	0	0.0	3	60.0	2	40.0	3	23.1	8	30.8
	Total	1	20.0	3	50.0	2	18.2	3	15.8	9	22.0
No reason	Male	0	0.0	1	100.0	2	33.3	1	16.7	4	26.7
	Female	1	33.3	0	0.0	0	0.0	0	0.0	1	3.8
	Total	1	20.0	1	16.7	2	18.2	1	5.3	5	12.2

Frequency of meeting and talking with friends, neighbors, or relatives

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Once a day or more	Male	189	85.5	141	55.1	97	40.4	34	26.4	461	54.5
	Female	159	61.2	120	47.2	64	32.0	31	24.0	374	44.4
	Total	348	72.3	261	51.2	161	36.6	65	25.2	835	49.4
Once every two or three days	Male	22	10.0	67	26.2	80	33.3	45	34.9	214	25.3
	Female	68	26.2	85	33.5	77	38.5	66	51.2	296	35.1
	Total	90	18.7	152	29.8	157	35.7	111	43.0	510	30.2
Once a week	Male	5	2.3	31	12.1	45	18.8	33	25.6	114	13.5
	Female	21	8.1	30	11.8	42	21.0	27	20.9	120	14.2
	Total	26	5.4	61	12.0	87	19.8	60	23.3	234	13.9

Once a month	Male	1	0.5	9	3.5	12	5.0	11	8.5	33	3.9
	Female	10	3.8	12	4.7	15	7.5	5	3.9	42	5.0
	Total	11	2.3	21	4.1	27	6.1	16	6.2	75	4.4
Almost never	Male	4	1.8	8	3.1	6	2.5	6	4.7	24	2.8
	Female	2	0.8	7	2.8	2	1.0	0	0.0	11	1.3
	Total	6	1.2	15	2.9	8	1.8	6	2.3	35	2.1

Needs of help for outing

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	3	1.4	1	0.4	2	0.8	5	3.9	11	1.3
	Female	1	0.4	0	0.0	1	0.5	7	5.4	9	1.1
	Total	4	0.8	1	0.2	3	0.7	12	4.7	20	1.2
No	Male	218	98.6	255	99.6	238	99.2	124	96.1	835	98.7
	Female	259	99.6	254	100.0	199	99.5	122	94.6	834	98.9
	Total	477	99.2	509	99.8	437	99.3	246	95.3	1669	98.8

Feeling of disgrace for physical disability while outing

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	1	0.5	3	1.2	1	0.4	1	0.8	6	0.7
	Female	0	0.0	1	0.4	0	0.0	3	2.3	4	0.5
	Total	1	0.2	4	0.8	1	0.2	4	1.6	10	0.6
No	Male	220	99.5	253	98.8	239	99.6	128	99.2	840	99.3
	Female	260	100.0	253	99.6	200	100.0	126	97.7	839	99.5
	Total	480	99.8	506	99.2	439	99.8	254	98.4	1679	99.4

5) MOS 36-Item Short-Form Health Survey (SF-36, Physical Functioning)

SF-36: Doing hard exercise

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	15	6.8	28	10.9	49	20.4	61	47.3	153	18.1
	Female	21	8.1	53	20.9	68	34.0	68	52.7	210	24.9
	Total	36	7.5	81	15.9	117	26.6	129	50.0	363	21.5
A little difficult	Male	66	29.9	115	44.9	124	51.7	61	47.3	366	43.3
	Female	113	43.5	112	44.1	114	57.0	50	38.8	389	46.1
	Total	179	37.2	227	44.5	238	54.1	111	43.0	755	44.7
Not difficult	Male	140	63.3	113	44.1	67	27.9	7	5.4	327	38.7
	Female	126	48.5	89	35.0	18	9.0	11	8.5	244	28.9
	Total	266	55.3	202	39.6	85	19.3	18	7.0	571	33.8

SF-36: Doing moderate exercise

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	0	0.0	1	0.4	3	1.3	5	3.9	9	1.1
	Female	0	0.0	0	0.0	3	1.5	11	8.5	14	1.7
	Total	0	0.0	1	0.2	6	1.4	16	6.2	23	1.4
A little difficult	Male	9	4.1	12	4.7	23	9.6	39	30.2	83	9.8
	Female	11	4.2	29	11.4	31	15.5	32	24.8	103	12.2
	Total	20	4.2	41	8.0	54	12.3	71	27.5	186	11.0
Not difficult	Male	212	95.9	243	94.9	214	89.2	85	65.9	754	89.1
	Female	249	95.8	225	88.6	166	83.0	86	66.7	726	86.1
	Total	461	95.8	468	91.8	380	86.4	171	66.3	1480	87.6

SF-36: Lifting or carrying a bag

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	1	0.5	1	0.4	2	0.8	8	6.2	12	1.4
	Female	0	0.0	1	0.4	3	1.5	13	10.1	17	2.0
	Total	1	0.2	2	0.4	5	1.1	21	8.1	29	1.7
A little difficult	Male	5	2.3	8	3.1	24	10.0	32	24.8	69	8.2
	Female	14	5.4	31	12.2	46	23.0	48	37.2	139	16.5
	Total	19	4.0	39	7.6	70	15.9	80	31.0	208	12.3
Not difficult	Male	215	97.3	247	96.5	214	89.2	89	69.0	765	90.4
	Female	246	94.6	222	87.4	151	75.5	68	52.7	687	81.5
	Total	461	95.8	469	92.0	365	83.0	157	60.9	1452	86.0

SF-36: Going up several flight of the stairs

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	0	0.0	1	0.4	5	2.1	14	10.9	20	2.4
	Female	3	1.2	7	2.8	7	3.5	17	13.2	34	4.0
	Total	3	0.6	8	1.6	12	2.7	31	12.0	54	3.2
A little difficult	Male	10	4.5	24	9.4	39	16.3	43	33.3	116	13.7
	Female	24	9.2	41	16.1	58	29.0	53	41.1	176	20.9
	Total	34	7.1	65	12.7	97	22.0	96	37.2	292	17.3
Not difficult	Male	211	95.5	231	90.2	196	81.7	72	55.8	710	83.9
	Female	233	89.6	206	81.1	135	67.5	59	45.7	633	75.1
	Total	444	92.3	437	85.7	331	75.2	131	50.8	1343	79.5

SF-36: Going up a flight of the stairs

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%

Very difficult	Male	0	0.0	0	0.0	1	0.4	6	4.7	7	0.8
	Female	1	0.4	1	0.4	1	0.5	8	6.2	11	1.3
	Total	1	0.2	1	0.2	2	0.5	14	5.4	18	1.1
A little difficult	Male	1	0.5	5	2.0	14	5.8	22	17.1	42	5.0
	Female	3	1.2	8	3.1	29	14.5	32	24.8	72	8.5
	Total	4	0.8	13	2.5	43	9.8	54	20.9	114	6.7
Not difficult	Male	220	99.5	251	98.0	225	93.8	101	78.3	797	94.2
	Female	256	98.5	245	96.5	170	85.0	89	69.0	760	90.2
	Total	476	99.0	496	97.3	395	89.8	190	73.6	1557	92.2

SF-36: Bending over, drop the knee, or ducking down

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Total	0	0.0	0	0.0	0	0.0	1	0.4	1	0.1
Very difficult	Male	0	0.0	3	1.2	4	1.7	6	4.7	13	1.5
	Female	3	1.2	3	1.2	8	4.0	14	10.9	28	3.3
	Total	3	0.6	6	1.2	12	2.7	20	7.8	41	2.4
A little difficult	Male	21	9.5	31	12.1	35	14.6	44	34.1	131	15.5
	Female	24	9.2	42	16.5	39	19.5	41	31.8	146	17.3
	Total	45	9.4	73	14.3	74	16.8	85	32.9	277	16.4
Not difficult	Male	200	90.5	222	86.7	201	83.8	79	61.2	702	83.0
	Female	233	89.6	209	82.3	153	76.5	73	56.6	668	79.2
	Total	433	90.0	431	84.5	354	80.5	152	58.9	1370	81.1

SF-36: Walking more than one kilometer

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	1	0.5	3	1.2	3	1.3	16	12.4	23	2.7
	Female	1	0.4	6	2.4	11	5.5	16	12.4	34	4.0
	Total	2	0.4	9	1.8	14	3.2	32	12.4	57	3.4
A little difficult	Male	8	3.6	17	6.6	29	12.1	28	21.7	82	9.7
	Female	15	5.8	35	13.8	42	21.0	40	31.0	132	15.7
	Total	23	4.8	52	10.2	71	16.1	68	26.4	214	12.7
Not difficult	Male	212	95.9	236	92.2	208	86.7	85	65.9	741	87.6
	Female	244	93.8	213	83.9	147	73.5	73	56.6	677	80.3
	Total	456	94.8	449	88.0	355	80.7	158	61.2	1418	84.0

SF-36: Walking more than several hundred meters

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%

Very difficult	Male	0	0.0	0	0.0	3	1.3	7	5.4	10	1.2
	Female	1	0.4	0	0.0	2	1.0	9	7.0	12	1.4
	Total	1	0.2	0	0.0	5	1.1	16	6.2	22	1.3
A little difficult	Male	2	0.9	9	3.5	6	2.5	16	12.4	33	3.9
	Female	1	0.4	14	5.5	18	9.0	19	14.7	52	6.2
	Total	3	0.6	23	4.5	24	5.5	35	13.6	85	5.0
Not difficult	Male	219	99.1	247	96.5	231	96.3	106	82.2	803	94.9
	Female	258	99.2	240	94.5	180	90.0	101	78.3	779	92.4
	Total	477	99.2	487	95.5	411	93.4	207	80.2	1582	93.7

SF-36: Walking more than one hundred meters

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	0	0.0	0	0.0	2	0.8	3	2.3	5	0.6
	Female	1	0.4	0	0.0	1	0.5	4	3.1	6	0.7
	Total	1	0.2	0	0.0	3	0.7	7	2.7	11	0.7
A little difficult	Male	1	0.5	3	1.2	4	1.7	15	11.6	23	2.7
	Female	0	0.0	4	1.6	9	4.5	16	12.4	29	3.4
	Total	1	0.2	7	1.4	13	3.0	31	12.0	52	3.1
Not difficult	Male	220	99.5	253	98.8	234	97.5	111	86.0	818	96.7
	Female	259	99.6	250	98.4	190	95.0	109	84.5	808	95.8
	Total	479	99.6	503	98.6	424	96.4	220	85.3	1626	96.3

SF-36: Taking a bath or getting dressed

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Very difficult	Male	0	0.0	0	0.0	0	0.0	1	0.8	1	0.1
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	0	0.0	1	0.4	1	0.1
A little difficult	Male	0	0.0	2	0.8	1	0.4	5	3.9	8	0.9
	Female	2	0.8	1	0.4	1	0.5	9	7.0	13	1.5
	Total	2	0.4	3	0.6	2	0.5	14	5.4	21	1.2
Not difficult	Male	221	100.0	254	99.2	239	99.6	123	95.3	837	98.9
	Female	258	99.2	253	99.6	199	99.5	120	93.0	830	98.5
	Total	479	99.6	507	99.4	438	99.5	243	94.2	1667	98.7

6) Certification of long-term care need

Certification of long-term care need

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never	Male	221	100.0	255	99.6	238	99.2	119	92.2	833	98.5

	Female	260	100.0	252	99.2	197	98.5	106	82.2	815	96.7
	Total	481	100.0	507	99.4	435	98.9	225	87.2	1648	97.6
Previously but not currently	Male	0	0.0	0	0.0	1	0.4	4	3.1	5	0.6
	Female	0	0.0	1	0.4	2	1.0	4	3.1	7	0.8
	Total	0	0.0	1	0.2	3	0.7	8	3.1	12	0.7
Currently certified	Male	0	0.0	1	0.4	1	0.4	6	4.7	8	0.9
	Female	0	0.0	1	0.4	1	0.5	19	14.7	21	2.5
	Total	0	0.0	2	0.4	2	0.5	25	9.7	29	1.7

7) Driving

Current status of driving

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Never licensed	Male	0	0.0	0	0.0	0	0.0	3	2.3	3	0.4
	Female	4	1.5	14	5.5	29	14.5	39	30.2	86	10.2
	Total	4	0.8	14	2.7	29	6.6	42	16.3	89	5.3
Currently drive with driver's license	Male	220	99.5	255	99.6	231	96.3	95	73.6	801	94.7
	Female	248	95.4	221	87.0	150	75.0	49	38.0	668	79.2
	Total	468	97.3	476	93.3	381	86.6	144	55.8	1469	87.0
Have/had driver's license, currently not drive	Male	1	0.5	1	0.4	9	3.8	31	24.0	42	5.0
	Female	8	3.1	19	7.5	21	10.5	41	31.8	89	10.6
	Total	9	1.9	20	3.9	30	6.8	72	27.9	131	7.8

Main type of vehicles (only for persons who currently drive with driver's license)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Car	Male	218	99.1	246	96.5	228	98.7	92	96.8	784	97.9
	Female	244	98.4	217	98.2	143	95.3	41	83.7	645	96.6
	Total	462	98.7	463	97.3	371	97.4	133	92.4	1429	97.3
Motorbike	Male	2	0.9	9	3.5	3	1.3	3	3.2	17	2.1
	Female	4	1.6	4	1.8	7	4.7	8	16.3	23	3.4
	Total	6	1.3	13	2.7	10	2.6	11	7.6	40	2.7

Current frequency of driving

(only for persons who currently drive with driver's license: in the past six months)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Almost everyday	Male	141	64.1	176	69.0	154	66.7	53	55.8	524	65.4
	Female	183	73.8	135	61.1	79	52.7	19	38.8	416	62.3
	Total	324	69.2	311	65.3	233	61.2	72	50.0	940	64.0
Three to five times a week	Male	22	10.0	44	17.3	52	22.5	30	31.6	148	18.5
	Female	35	14.1	58	26.2	44	29.3	24	49.0	161	24.1

	Total	57	12.2	102	21.4	96	25.2	54	37.5	309	21.0
Once or twice a week	Male	48	21.8	32	12.5	19	8.2	9	9.5	108	13.5
	Female	26	10.5	19	8.6	21	14.0	5	10.2	71	10.6
	Total	74	15.8	51	10.7	40	10.5	14	9.7	179	12.2
Once to three times a month	Male	9	4.1	3	1.2	6	2.6	3	3.2	21	2.6
	Female	3	1.2	6	2.7	5	3.3	1	2.0	15	2.2
	Total	12	2.6	9	1.9	11	2.9	4	2.8	36	2.5
Once or several times a year	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.4	3	1.4	1	0.7	0	0.0	5	0.7
	Total	1	0.2	3	0.6	1	0.3	0	0.0	5	0.3

Years of not driving (only for persons who have/had driver's license, currently not drive)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	9.0	.	1	4.0	.	1	6.9	6.2	9	5.7	10.4	31	6.0	9.4	42
Female	19.5	10.4	8	19.9	14.8	19	9.5	11.8	21	14.4	13.6	41	14.9	13.5	89
Total	18.3	10.3	9	19.2	14.8	20	8.7	10.4	30	10.7	13.0	72	12.0	13.0	131

4. Eyesight

Use of glasses or contact lens

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	188	85.1	218	85.2	211	87.9	113	87.6	730	86.3
	Female	231	88.8	227	89.4	172	86.0	104	80.6	734	87.1
	Total	419	87.1	445	87.3	383	87.0	217	84.1	1464	86.7
No	Male	33	14.9	38	14.8	29	12.1	16	12.4	116	13.7
	Female	29	11.2	27	10.6	28	14.0	25	19.4	109	12.9
	Total	62	12.9	65	12.7	57	13.0	41	15.9	225	13.3

Type of glasses or contact lens (only for glasses or contact lens users)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
For far distance	Male	44	23.4	42	19.3	32	15.2	5	4.4	123	16.8
	Female	65	28.1	40	17.6	10	5.8	2	1.9	117	15.9
	Total	109	26.0	82	18.4	42	11.0	7	3.2	240	16.4
For near distance	Male	51	27.1	42	19.3	62	29.4	30	26.5	185	25.3
	Female	63	27.3	76	33.5	63	36.6	39	37.5	241	32.8
	Total	114	27.2	118	26.5	125	32.6	69	31.8	426	29.1
For near and far distance	Male	93	49.5	134	61.5	117	55.5	78	69.0	422	57.8
	Female	103	44.6	111	48.9	99	57.6	63	60.6	376	51.2
	Total	196	46.8	245	55.1	216	56.4	141	65.0	798	54.5

Self-evaluation on visual acuity (with glasses or contact lens)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	1	0.4	1	0.4	0	0.0	2	0.2
	Female	0	0.0	0	0.0	1	0.5	0	0.0	1	0.1
	Total	0	0.0	1	0.2	2	0.5	0	0.0	3	0.2
Excellent	Male	14	6.3	11	4.3	14	5.8	10	7.8	49	5.8
	Female	7	2.7	11	4.3	6	3.0	2	1.6	26	3.1
	Total	21	4.4	22	4.3	20	4.5	12	4.7	75	4.4
Good	Male	40	18.1	50	19.5	65	27.1	24	18.6	179	21.2
	Female	66	25.4	53	20.9	54	27.0	38	29.5	211	25.0
	Total	106	22.0	103	20.2	119	27.0	62	24.0	390	23.1
Neither	Male	134	60.6	166	64.8	139	57.9	85	65.9	524	61.9
	Female	155	59.6	174	68.5	119	59.5	79	61.2	527	62.5
	Total	289	60.1	340	66.7	258	58.6	164	63.6	1051	62.2
Bad	Male	31	14.0	28	10.9	20	8.3	9	7.0	88	10.4
	Female	30	11.5	16	6.3	19	9.5	8	6.2	73	8.7
	Total	61	12.7	44	8.6	39	8.9	17	6.6	161	9.5
Very bad	Male	2	0.9	0	0.0	1	0.4	1	0.8	4	0.5
	Female	2	0.8	0	0.0	1	0.5	2	1.6	5	0.6
	Total	4	0.8	0	0.0	2	0.5	3	1.2	9	0.5

5. Hearing

Use of a hearing aid

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Frequently	Male	1	0.5	0	0.0	9	3.8	19	14.7	29	3.4
	Female	1	0.4	0	0.0	5	2.5	15	11.6	21	2.5
	Total	2	0.4	0	0.0	14	3.2	34	13.2	50	3.0
Sometimes	Male	0	0.0	5	2.0	2	0.8	4	3.1	11	1.3
	Female	0	0.0	0	0.0	2	1.0	5	3.9	7	0.8
	Total	0	0.0	5	1.0	4	0.9	9	3.5	18	1.1
Possession without using	Male	2	0.9	0	0.0	4	1.7	7	5.4	13	1.5
	Female	0	0.0	0	0.0	1	0.5	3	2.3	4	0.5
	Total	2	0.4	0	0.0	5	1.1	10	3.9	17	1.0
No possession	Male	218	98.6	251	98.0	225	93.8	99	76.7	793	93.7
	Female	259	99.6	254	100.0	192	96.0	106	82.2	811	96.2
	Total	477	99.2	505	99.0	417	94.8	205	79.5	1604	95.0

Feeling my hearing poor

		50-59yr		60-69yr		70-79yr		80yr-		Total	
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		N	%	N	%	N	%	N	%	N	%
Always	Male	9	4.1	30	11.7	46	19.2	35	27.1	120	14.2
	Female	15	5.8	16	6.3	27	13.5	32	24.8	90	10.7
	Total	24	5.0	46	9.0	73	16.6	67	26.0	210	12.4
Sometimes	Male	64	29.0	100	39.1	85	35.4	42	32.6	291	34.4
	Female	83	31.9	88	34.6	91	45.5	59	45.7	321	38.1
	Total	147	30.6	188	36.9	176	40.0	101	39.1	612	36.2
Never	Male	148	67.0	126	49.2	109	45.4	52	40.3	435	51.4
	Female	162	62.3	150	59.1	82	41.0	38	29.5	432	51.2
	Total	310	64.4	276	54.1	191	43.4	90	34.9	867	51.3

Having been told my hearing is poor

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Always	Male	3	1.4	14	5.5	29	12.1	24	18.6	70	8.3
	Female	3	1.2	8	3.1	10	5.0	18	14.0	39	4.6
	Total	6	1.2	22	4.3	39	8.9	42	16.3	109	6.5
Sometimes	Male	41	18.6	67	26.2	72	30.0	39	30.2	219	25.9
	Female	47	18.1	45	17.7	48	24.0	35	27.1	175	20.8
	Total	88	18.3	112	22.0	120	27.3	74	28.7	394	23.3
Never	Male	177	80.1	175	68.4	139	57.9	66	51.2	557	65.8
	Female	210	80.8	201	79.1	142	71.0	76	58.9	629	74.6
	Total	387	80.5	376	73.7	281	63.9	142	55.0	1186	70.2

Noise in workplace

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Currently	Male	26	11.8	25	9.8	11	4.6	6	4.7	68	8.0
	Female	20	7.7	16	6.3	4	2.0	0	0.0	40	4.7
	Total	46	9.6	41	8.0	15	3.4	6	2.3	108	6.4
Previously	Male	14	6.3	31	12.1	41	17.1	17	13.2	103	12.2
	Female	8	3.1	10	3.9	12	6.0	14	10.9	44	5.2
	Total	22	4.6	41	8.0	53	12.0	31	12.0	147	8.7
Never	Male	181	81.9	200	78.1	188	78.3	106	82.2	675	79.8
	Female	232	89.2	228	89.8	184	92.0	115	89.1	759	90.0
	Total	413	85.9	428	83.9	372	84.5	221	85.7	1434	84.9

Frequency of tinnitus

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Always	Male	15	6.8	40	15.6	58	24.2	21	16.3	134	15.8
	Female	16	6.2	20	7.9	25	12.5	15	11.6	76	9.0

	Total	31	6.4	60	11.8	83	18.9	36	14.0	210	12.4
Sometimes	Male	32	14.5	56	21.9	50	20.8	26	20.2	164	19.4
	Female	67	25.8	54	21.3	40	20.0	24	18.6	185	21.9
	Total	99	20.6	110	21.6	90	20.5	50	19.4	349	20.7
Never	Male	174	78.7	160	62.5	132	55.0	82	63.6	548	64.8
	Female	177	68.1	180	70.9	135	67.5	90	69.8	582	69.0
	Total	351	73.0	340	66.7	267	60.7	172	66.7	1130	66.9

Location of tinnitus (only for persons with tinnitus: multiple choice)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Right side	Male	18	38.3	29	30.2	27	25.0	11	23.4	85	28.5
	Female	22	26.5	14	18.9	19	29.2	10	25.6	65	24.9
	Total	40	30.8	43	25.3	46	26.6	21	24.4	150	26.8
Left side	Male	18	38.3	24	25.0	26	24.1	18	38.3	86	28.9
	Female	23	27.7	21	28.4	19	29.2	14	35.9	77	29.5
	Total	41	31.5	45	26.5	45	26.0	32	37.2	163	29.2
Median	Male	5	10.6	24	25.0	30	27.8	7	14.9	66	22.1
	Female	8	9.6	10	13.5	8	12.3	4	10.3	30	11.5
	Total	13	10.0	34	20.0	38	22.0	11	12.8	96	17.2
Do not know	Male	18	38.3	30	31.3	36	33.3	15	31.9	99	33.2
	Female	39	47.0	37	50.0	29	44.6	14	35.9	119	45.6
	Total	57	43.8	67	39.4	65	37.6	29	33.7	218	39.0

Feeling difficulty in hearing due to tinnitus (only for persons with tinnitus)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	1	0.9	0	0.0	1	0.3
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	1	0.6	0	0.0	1	0.2
Always	Male	1	2.1	8	8.3	12	11.1	5	10.6	26	8.7
	Female	2	2.4	2	2.7	4	6.2	7	17.9	15	5.7
	Total	3	2.3	10	5.9	16	9.2	12	14.0	41	7.3
Sometimes	Male	13	27.7	26	27.1	31	28.7	15	31.9	85	28.5
	Female	14	16.9	6	8.1	16	24.6	16	41.0	52	19.9
	Total	27	20.8	32	18.8	47	27.2	31	36.0	137	24.5
Never	Male	33	70.2	62	64.6	64	59.3	27	57.4	186	62.4
	Female	67	80.7	66	89.2	45	69.2	16	41.0	194	74.3
	Total	100	76.9	128	75.3	109	63.0	43	50.0	380	68.0

Feeling uncomfortable due to tinnitus (only for persons with tinnitus)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
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		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	1	0.9	0	0.0	1	0.3
	Female	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Total	0	0.0	0	0.0	1	0.6	0	0.0	1	0.2
Very uncomfortable	Male	3	6.4	7	7.3	11	10.2	7	14.9	28	9.4
	Female	10	12.0	6	8.1	7	10.8	7	17.9	30	11.5
	Total	13	10.0	13	7.6	18	10.4	14	16.3	58	10.4
Sometimes uncomfortable	Male	30	63.8	40	41.7	38	35.2	16	34.0	124	41.6
	Female	41	49.4	38	51.4	30	46.2	15	38.5	124	47.5
	Total	71	54.6	78	45.9	68	39.3	31	36.0	248	44.4
Never	Male	14	29.8	49	51.0	58	53.7	24	51.1	145	48.7
	Female	32	38.6	30	40.5	28	43.1	17	43.6	107	41.0
	Total	46	35.4	79	46.5	86	49.7	41	47.7	252	45.1

6. Fall

Fear of falling

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Terribly fearful	Male	11	5.0	15	5.9	8	3.3	27	20.9	61	7.2
	Female	30	11.5	29	11.4	42	21.0	50	38.8	151	17.9
	Total	41	8.5	44	8.6	50	11.4	77	29.8	212	12.6
Slightly fearful	Male	49	22.2	89	34.8	99	41.3	52	40.3	289	34.2
	Female	132	50.8	129	50.8	116	58.0	62	48.1	439	52.1
	Total	181	37.6	218	42.7	215	48.9	114	44.2	728	43.1
Not fearful	Male	161	72.9	152	59.4	133	55.4	50	38.8	496	58.6
	Female	98	37.7	96	37.8	42	21.0	17	13.2	253	30.0
	Total	259	53.8	248	48.6	175	39.8	67	26.0	749	44.3

History of falls in the past year

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	14	6.3	33	12.9	40	16.7	39	30.2	126	14.9
	Female	43	16.5	51	20.1	47	23.5	55	42.6	196	23.3
	Total	57	11.9	84	16.5	87	19.8	94	36.4	322	19.1
No	Male	207	93.7	223	87.1	200	83.3	90	69.8	720	85.1
	Female	217	83.5	203	79.9	153	76.5	74	57.4	647	76.7
	Total	424	88.1	426	83.5	353	80.2	164	63.6	1367	80.9

Frequency of falls in the past year (only for persons with falls)

	50-59yr			60-69yr			70-79yr			80yr-			Total		
	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male	1.7	1.3	14	3.2	7.0	33	1.6	0.8	40	2.2	1.8	39	2.2	3.8	126

Female	1.3	0.8	43	1.5	1.1	51	2.4	3.8	47	1.8	1.1	55	1.8	2.1	196
Total	1.4	1.0	57	2.2	4.5	84	2.0	2.8	87	2.0	1.4	94	1.9	2.9	322

7. Urination

1) Urinary symptoms

Times of urination in bedtime in the past month

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	1	0.4	0	0.0	1	0.1
	Female	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.2	0	0.0	1	0.2	0	0.0	2	0.1
Never	Male	109	49.3	67	26.2	30	12.5	7	5.4	213	25.2
	Female	147	56.5	93	36.6	40	20.0	17	13.2	297	35.2
	Total	256	53.2	160	31.4	70	15.9	24	9.3	510	30.2
Once	Male	92	41.6	132	51.6	85	35.4	37	28.7	346	40.9
	Female	91	35.0	118	46.5	101	50.5	37	28.7	347	41.2
	Total	183	38.0	250	49.0	186	42.3	74	28.7	693	41.0
Twice	Male	11	5.0	43	16.8	87	36.3	43	33.3	184	21.7
	Female	11	4.2	31	12.2	43	21.5	54	41.9	139	16.5
	Total	22	4.6	74	14.5	130	29.5	97	37.6	323	19.1
Three times	Male	6	2.7	12	4.7	29	12.1	32	24.8	79	9.3
	Female	5	1.9	8	3.1	12	6.0	16	12.4	41	4.9
	Total	11	2.3	20	3.9	41	9.3	48	18.6	120	7.1
Four times	Male	2	0.9	1	0.4	6	2.5	7	5.4	16	1.9
	Female	1	0.4	2	0.8	4	2.0	4	3.1	11	1.3
	Total	3	0.6	3	0.6	10	2.3	11	4.3	27	1.6
Five times or more	Male	1	0.5	1	0.4	2	0.8	3	2.3	7	0.8
	Female	4	1.5	2	0.8	0	0.0	1	0.8	7	0.8
	Total	5	1.0	3	0.6	2	0.5	4	1.6	14	0.8

2) Urinary incontinence

History of incontinence

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Not recorded	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	1	0.4	0	0.0	0	0.0	0	0.0	1	0.1
	Total	1	0.2	0	0.0	0	0.0	0	0.0	1	0.1
Yes	Male	13	5.9	40	15.6	55	22.9	39	30.2	147	17.4
	Female	114	43.8	146	57.5	115	57.5	63	48.8	438	52.0
	Total	127	26.4	186	36.5	170	38.6	102	39.5	585	34.6
No	Male	208	94.1	216	84.4	185	77.1	90	69.8	699	82.6
	Female	145	55.8	108	42.5	85	42.5	66	51.2	404	47.9

Total	353	73.4	324	63.5	270	61.4	156	60.5	1103	65.3
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Current incontinence (only for persons with the history of incontinence)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	10	76.9	28	70.0	39	70.9	31	79.5	108	73.5
	Female	69	60.5	96	65.8	80	69.6	54	85.7	299	68.3
	Total	79	62.2	124	66.7	119	70.0	85	83.3	407	69.6
No	Male	3	23.1	12	30.0	16	29.1	8	20.5	39	26.5
	Female	45	39.5	50	34.2	35	30.4	9	14.3	139	31.7
	Total	48	37.8	62	33.3	51	30.0	17	16.7	178	30.4

Frequency of incontinence (only for persons with current incontinence)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Once a week or less	Male	9	90.0	15	53.6	18	46.2	20	64.5	62	57.4
	Female	56	81.2	65	67.7	51	63.8	27	50.0	199	66.6
	Total	65	82.3	80	64.5	69	58.0	47	55.3	261	64.1
Twice or three times a week	Male	1	10.0	7	25.0	12	30.8	4	12.9	24	22.2
	Female	7	10.1	19	19.8	11	13.8	17	31.5	54	18.1
	Total	8	10.1	26	21.0	23	19.3	21	24.7	78	19.2
Once a day	Male	0	0.0	5	17.9	3	7.7	2	6.5	10	9.3
	Female	4	5.8	4	4.2	10	12.5	7	13.0	25	8.4
	Total	4	5.1	9	7.3	13	10.9	9	10.6	35	8.6
Twice a day or more	Male	0	0.0	1	3.6	6	15.4	2	6.5	9	8.3
	Female	2	2.9	7	7.3	8	10.0	2	3.7	19	6.4
	Total	2	2.5	8	6.5	14	11.8	4	4.7	28	6.9
Always	Male	0	0.0	0	0.0	0	0.0	3	9.7	3	2.8
	Female	0	0.0	1	1.0	0	0.0	1	1.9	2	0.7
	Total	0	0.0	1	0.8	0	0.0	4	4.7	5	1.2

Occasion of incontinence (only for persons with current incontinence: multiple choice)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
When going to toilet	Male	3	30.0	19	67.9	27	69.2	21	67.7	70	64.8
	Female	17	24.6	35	36.5	35	43.8	32	59.3	119	39.8
	Total	20	25.3	54	43.5	62	52.1	53	62.4	189	46.4
On sneezing or coughing	Male	1	10.0	2	7.1	3	7.7	5	16.1	11	10.2
	Female	55	79.7	77	80.2	56	70.0	32	59.3	220	73.6
	Total	56	70.9	79	63.7	59	49.6	37	43.5	231	56.8
During sleeping	Male	0	0.0	1	3.6	2	5.1	3	9.7	6	5.6
	Female	3	4.3	1	1.0	0	0.0	2	3.7	6	2.0

	Total	3	3.8	2	1.6	2	1.7	5	5.9	12	2.9
During physical activity	Male	2	20.0	1	3.6	0	0.0	5	16.1	8	7.4
	Female	17	24.6	21	21.9	9	11.3	5	9.3	52	17.4
	Total	19	24.1	22	17.7	9	7.6	10	11.8	60	14.7
After urination	Male	7	70.0	11	39.3	10	25.6	6	19.4	34	31.5
	Female	2	2.9	5	5.2	1	1.3	2	3.7	10	3.3
	Total	9	11.4	16	12.9	11	9.2	8	9.4	44	10.8
Do not know	Male	0	0.0	1	3.6	2	5.1	5	16.1	8	7.4
	Female	2	2.9	3	3.1	3	3.8	5	9.3	13	4.3
	Total	2	2.5	4	3.2	5	4.2	10	11.8	21	5.2
Always	Male	0	0.0	0	0.0	0	0.0	0	0.0	0	0.0
	Female	0	0.0	0	0.0	0	0.0	1	1.9	1	0.3
	Total	0	0.0	0	0.0	0	0.0	1	1.2	1	0.2
Other	Male	1	10.0	3	10.7	2	5.1	2	6.5	8	7.4
	Female	2	2.9	6	6.3	5	6.3	7	13.0	20	6.7
	Total	3	3.8	9	7.3	7	5.9	9	10.6	28	6.9

8. Frail

1) Frailty Screening Index (Yamada and Arai (2015))

Frailty Screening Index: Shrinking

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	29	13.1	27	10.5	17	7.1	12	9.3	85	10.0
	Female	29	11.2	20	7.9	17	8.5	15	11.6	81	9.6
	Total	58	12.1	47	9.2	34	7.7	27	10.5	166	9.8
No	Male	192	86.9	229	89.5	223	92.9	117	90.7	761	90.0
	Female	231	88.8	234	92.1	183	91.5	114	88.4	762	90.4
	Total	423	87.9	463	90.8	406	92.3	231	89.5	1523	90.2

Frailty Screening Index: Slowness

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	60	27.1	94	36.7	101	42.1	88	68.2	343	40.5
	Female	69	26.5	106	41.7	112	56.0	97	75.2	384	45.6
	Total	129	26.8	200	39.2	213	48.4	185	71.7	727	43.0
No	Male	161	72.9	162	63.3	139	57.9	41	31.8	503	59.5
	Female	191	73.5	148	58.3	88	44.0	32	24.8	459	54.4
	Total	352	73.2	310	60.8	227	51.6	73	28.3	962	57.0

Frailty Screening Index: Low physical activity

		50-59yr		60-69yr		70-79yr		80yr-		Total	
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		N	%	N	%	N	%	N	%	N	%
Yes	Male	104	47.1	85	33.2	64	26.7	40	31.0	293	34.6
	Female	146	56.2	114	44.9	63	31.5	45	34.9	368	43.7
	Total	250	52.0	199	39.0	127	28.9	85	32.9	661	39.1
No	Male	117	52.9	171	66.8	176	73.3	89	69.0	553	65.4
	Female	114	43.8	140	55.1	137	68.5	84	65.1	475	56.3
	Total	231	48.0	311	61.0	313	71.1	173	67.1	1028	60.9

Frailty Screening Index: Forgetfulness

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	4	1.8	2	0.8	9	3.8	14	10.9	29	3.4
	Female	1	0.4	2	0.8	5	2.5	8	6.2	16	1.9
	Total	5	1.0	4	0.8	14	3.2	22	8.5	45	2.7
No	Male	217	98.2	254	99.2	231	96.3	115	89.1	817	96.6
	Female	259	99.6	252	99.2	195	97.5	121	93.8	827	98.1
	Total	476	99.0	506	99.2	426	96.8	236	91.5	1644	97.3

Frailty Screening Index: Exhaustion

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	22	10.0	21	8.2	18	7.5	22	17.1	83	9.8
	Female	34	13.1	39	15.4	37	18.5	26	20.2	136	16.1
	Total	56	11.6	60	11.8	55	12.5	48	18.6	219	13.0
No	Male	199	90.0	235	91.8	222	92.5	107	82.9	763	90.2
	Female	226	86.9	215	84.6	163	81.5	103	79.8	707	83.9
	Total	425	88.4	450	88.2	385	87.5	210	81.4	1470	87.0

Frailty assessment

Note: Respondents who did not meet the above five items were classified as Robust, those meeting one or two items as Pre-frail, and those meeting three or more items as Frail.

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Robust	Male	75	33.9	98	38.3	103	42.9	28	21.7	304	35.9
	Female	67	25.8	72	28.3	56	28.0	21	16.3	216	25.6
	Total	142	29.5	170	33.3	159	36.1	49	19.0	520	30.8
Pre-frail	Male	133	60.2	147	57.4	123	51.3	83	64.3	486	57.4
	Female	176	67.7	166	65.4	124	62.0	90	69.8	556	66.0
	Total	309	64.2	313	61.4	247	56.1	173	67.1	1042	61.7
Frail	Male	13	5.9	11	4.3	14	5.8	18	14.0	56	6.6
	Female	17	6.5	16	6.3	20	10.0	18	14.0	71	8.4
	Total	30	6.2	27	5.3	34	7.7	36	14.0	127	7.5

2) Social Frailty (Makizako, et al. (2018))

Social Frailty: Living alone

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	10	4.5	15	5.9	10	4.2	8	6.2	43	5.1
	Female	12	4.6	14	5.5	38	19.0	41	31.8	105	12.5
	Total	22	4.6	29	5.7	48	10.9	49	19.0	148	8.8
No	Male	211	95.5	241	94.1	230	95.8	121	93.8	803	94.9
	Female	248	95.4	240	94.5	162	81.0	88	68.2	738	87.5
	Total	459	95.4	481	94.3	392	89.1	209	81.0	1541	91.2

Social Frailty: Going out less frequently than last year

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	42	19.0	58	22.7	54	22.5	30	23.3	184	21.7
	Female	59	22.7	82	32.3	68	34.0	55	42.6	264	31.3
	Total	101	21.0	140	27.5	122	27.7	85	32.9	448	26.5
No	Male	179	81.0	198	77.3	186	77.5	99	76.7	662	78.3
	Female	201	77.3	172	67.7	132	66.0	74	57.4	579	68.7
	Total	380	79.0	370	72.5	318	72.3	173	67.1	1241	73.5

Social Frailty: Rarely visiting friends

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	188	85.1	181	70.7	143	59.6	71	55.0	583	68.9
	Female	193	74.2	154	60.6	94	47.0	55	42.6	496	58.8
	Total	381	79.2	335	65.7	237	53.9	126	48.8	1079	63.9
No	Male	33	14.9	75	29.3	97	40.4	58	45.0	263	31.1
	Female	67	25.8	100	39.4	106	53.0	74	57.4	347	41.2
	Total	100	20.8	175	34.3	203	46.1	132	51.2	610	36.1

Social Frailty: Rarely feeling helpful to friends or family

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	212	95.9	240	93.8	227	94.6	109	84.5	788	93.1
	Female	252	96.9	245	96.5	184	92.0	110	85.3	791	93.8
	Total	464	96.5	485	95.1	411	93.4	219	84.9	1579	93.5
No	Male	9	4.1	16	6.3	13	5.4	20	15.5	58	6.9
	Female	8	3.1	9	3.5	16	8.0	19	14.7	52	6.2
	Total	17	3.5	25	4.9	29	6.6	39	15.1	110	6.5

Social Frailty: Rarely talking with anyone

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Yes	Male	4	1.8	11	4.3	12	5.0	13	10.1	40	4.7
	Female	3	1.2	14	5.5	15	7.5	23	17.8	55	6.5
	Total	7	1.5	25	4.9	27	6.1	36	14.0	95	5.6
No	Male	217	98.2	245	95.7	228	95.0	116	89.9	806	95.3
	Female	257	98.8	240	94.5	185	92.5	106	82.2	788	93.5
	Total	474	98.5	485	95.1	413	93.9	222	86.0	1594	94.4

Social Frailty assessment

Note: Respondents who did not meet the above five items were classified as Social Robust, those meeting one item as Social Pre-frail, and those meeting two or more items as Social Frail.

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
Social Robust	Male	27	12.2	59	23.0	76	31.7	42	32.6	204	24.1
	Female	57	21.9	73	28.7	63	31.5	38	29.5	231	27.4
	Total	84	17.5	132	25.9	139	31.6	80	31.0	435	25.8
Social Pre-frail	Male	145	65.6	131	51.2	111	46.3	50	38.8	437	51.7
	Female	137	52.7	102	40.2	71	35.5	36	27.9	346	41.0
	Total	282	58.6	233	45.7	182	41.4	86	33.3	783	46.4
Social Frail	Male	49	22.2	66	25.8	53	22.1	37	28.7	205	24.2
	Female	66	25.4	79	31.1	66	33.0	55	42.6	266	31.6
	Total	115	23.9	145	28.4	119	27.0	92	35.7	471	27.9

9. Edinburgh Handedness Inventory

Laterality quotient (LQ: calculated based on Oldfield (1971))

Note: Ranged -100 (perfect left-handedness) to 100 (perfect right-handedness) and considered 0 as perfect ambidexterity.

		50-59yr			60-69yr			70-79yr			80yr-			Total		
		Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N	Mean	SD	N
Male		77.5	36.0	221	80.7	29.1	256	79.9	30.0	240	82.1	31.7	129	79.8	31.6	846
Female		82.8	29.6	260	82.1	29.2	254	82.6	27.0	200	87.6	17.7	128	83.3	27.4	842
Total		80.4	32.8	481	81.4	29.1	510	81.1	28.7	440	84.8	25.8	257	81.6	29.6	1688

Classification of laterality quotient (LQ)

		50-59yr		60-69yr		70-79yr		80yr-		Total	
		N	%	N	%	N	%	N	%	N	%
-100 to -61	Male	4	1.8	0	0.0	1	0.4	0	0.0	5	0.6
	Female	1	0.4	1	0.4	0	0.0	0	0.0	2	0.2

	Total	5	1.0	1	0.2	1	0.2	0	0.0	7	0.4
-60 to 60	Male	22	10.0	24	9.4	23	9.6	13	10.1	82	9.7
	Female	24	9.2	17	6.7	13	6.5	4	3.1	58	6.9
	Total	46	9.6	41	8.0	36	8.2	17	6.6	140	8.3
61 to 100	Male	195	88.2	232	90.6	216	90.0	116	89.9	759	89.7
	Female	235	90.4	236	92.9	187	93.5	124	96.9	782	92.9
	Total	430	89.4	468	91.8	403	91.6	240	93.4	1541	91.3