

# Global Dementia Legacy Event Japan -New Care and Prevention Models-

Day 1: Wednesday, 5 November

Session-3
Living Well with Dementia
in the Community

Share information of progressive approaches from across the globe, designed to enable persons with dementia to continue living in the community.

Seek for the possibility to reflect the fruits of those inspiring efforts to the specific and effective measures.

[Chairperson] Koichi Kozaki (Kyorin University, Japan)
[Chairperson] Cyndy Cordell (Alzheimer's Association, USA)
Jean Georges (Alzheimer Europe)
Shuichi Awata (Tokyo Metropolitan Institute of Gerontology, Japan)
Annette Pauly (Federal Ministry for Family Affairs, Senior Citizens, Women and Youth, Germany)

Jeremy Hughes (Alzheimer's Society, UK)	
Kunio Takami (Alzheimer's Association Japan)	
Ki Woong Kim (National Institute of Dementia, S.Korea)	
Kumiko Utsumi (Sunagawa Medical Center, Japan)	
Rumiko Otani (Omuta-city Dementia Care Society, Japan )	

#### Jean Georges, Alzheimer Europe Germany

Dementia-friendly communities: Linking up with WHO and European Innovation Partnership on Active and Healthy Ageing initiatives



He introduced the idea of the iEU-based nitiatives on dementia-friendly communities, such as AFE-INNOVENT (network), which is to be realized with the collaboration of WHO and European Innovation Partnership on Active and Healthy Ageing initiatives.

#### Shuichi Awata, Tokyo Metropolitan Institute of Gerontology

Towards creating a society where people can live well with dementia with hope and dignity



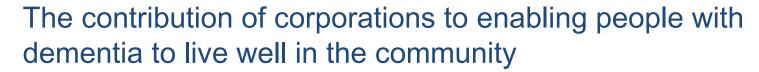
He introduced the Japanese national "Five-Year Plan for Promotion of Dementia Measures" (Orange Plan 2013-2017), an example of Dementia Support Team Meeting in a small island since the Great East Japan Earthquake in 2011. For the creation of dementia friendly community, community-initiated-efforts, and government-initiated policies must be harmonized.

## Annette Pauly, Federal Ministry for Family Affairs, Senior Citizens, Women and Youth, Germany

#### Joining forces for people with dementia

She introduced a program of local alliances for people with dementia. So far, 292 alliances were develoed. Strong demand to participate, multitude of different thematic approaches, regional differences were found. Two good practices are highlighted; County of Herford and City of Emden.

#### Jeremy Hughes, Alzheimer's Society UK





He showed an example of how corporations can contribute to create a dementia-friendly-society by showing VTR, e.g. in a bus, in a supermarket, in a bank

#### Kunio Takami, Alzheimer's association, Japan

#### "TSUDOI—Crystallization of Autonomy and Creativity-"

He introduced the promotion for 35 years of "TSUDOI" meaning getting together of people with dementia and carers. In 2013, they conducted "Tsudoi" 3,517 times with 44,118 participants. "Tsudoi" provides a good opportunity of sharing experiences and feelings, mutual encouragement, social inclusion, and networking. "Tsudoi" is an attractive initiative, which is very simple and low cost.



### How to enhance family caregiver's accessibility to information and services for dementia

In order to provide the citizens with up-to-date and credible information about dementia, they have been creating various IT tools, such as web-based information portal, an application assisting diagnosis and prevention of dementia, a newspaper-based cognitive training program.



### Kumiko Utsumi, Sunagawa City Medical Center Japan Support Activities System of Sunagawa Medical Center for Dementia



To realize the society where all the people with dementia can live with a sense of security, collaboration of three measures are necessary: volunteers, good care program, and multidisciplinary collaborative team of first-aid to the suspected persons.

Rumiko Otani, Omuta-city Dementia Care Society Japan Omuta city Dementia Care Community Promotion - intergenerational exchange and SOS network -



She introduced the development of the regional dementia care community initiatives in Omuta city. Especially, the project of "wandering-watch program" and education of 8,000 elementary and junior high school students with picture books. Now they have grown to help the person with dementia, e.g who have lost their way.