An aerial photograph of the Sunagawa City Medical Center. The main building is a large, multi-story white structure with a green roof. A red cross is visible on the roof of a central section. A red circular callout highlights a specific area of the building. A white oval callout with green and red text points to the Psychiatric Medical Center. The surrounding area includes parking lots, other buildings, and a road.

**Psychiatric Medical  
Center (3F-5F)**

# **Support Activities System of Sunagawa Medical Center for Dementia**

**Kumiko Utsumi**

**Medical Center for Dementia, Sunagawa City Medical Center**

**G7 Dementia Summit - November 5, 2014**

***SUNAGAWA CITY MEDICAL CENTER***

# Nakadorochi Community Support Group for Dementia



(Launched in April 2004, incorporated as an NPO in January 2009)

**Objectives:** To promote and raise the awareness of dementia in the community through the involvement of professionals in various occupations such as doctors, health nurses, care managers, social workers and family members of individuals with dementia, as well as citizens

## <Support for families>

- (1) Lecture presentations for public enlightenment
- (2) Information provision to the community
- (3) Lecture for family members



- Banish the stigma of dementia
- Early detection
- Motivating citizens to volunteer

## <Support for nursing care professionals>

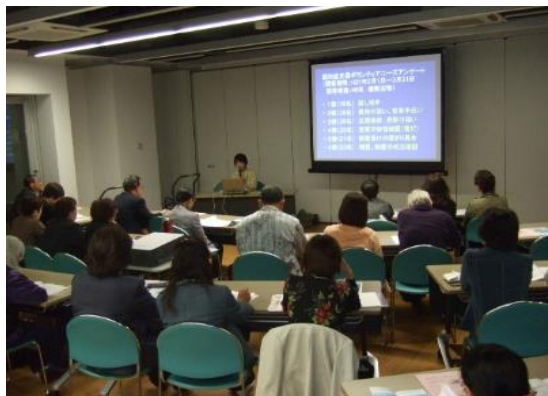
- (4) Organizing lecture presentations and workshops for specialists
- (5) Visits to care facilities by doctors and psychiatric social workers to have round-table talks with the staff

## <Support for primary care doctors>

- (6) Dementia trainings for primary care doctors



# Volunteer Training Course (a series of 5 sessions)



**October 2009:  
Participated by 38 persons (Sunagawa)  
(Held every year since at different locations)**

**Dementia Support Volunteer Organization “Pokke” launched (2010)**

19 空知 空岩 2010年(平成22年)4月27日(火曜日)

「地域力」で認知症支援  
ボランティア組織が発足 砂川

【砂川】認知症患者「つけ」の設立総会が26区の主婦ら24人で発足とその家族を支援する日、市交流センターゆボランティア組織「ほろ」で開かれ、中空知地

設立総会で「地域の各機関で協力し合っていきましょう」と呼びかける内海部長（右端）

同法人によると、認知症専門のボランティア組織は中空知で初。理事の精神保健福祉士大辻誠司さんは「医療やデイサービスだけの

専門医や介護従事者らでつくるNPO法人中空知・地域で認知症を支える会が昨秋から、症例や対処方法を学ぶ無料のボランティア講座などを開き組織作りを後押ししてきた。

で、仲間を育成し、地域全体で患者と家族を支える狙い。

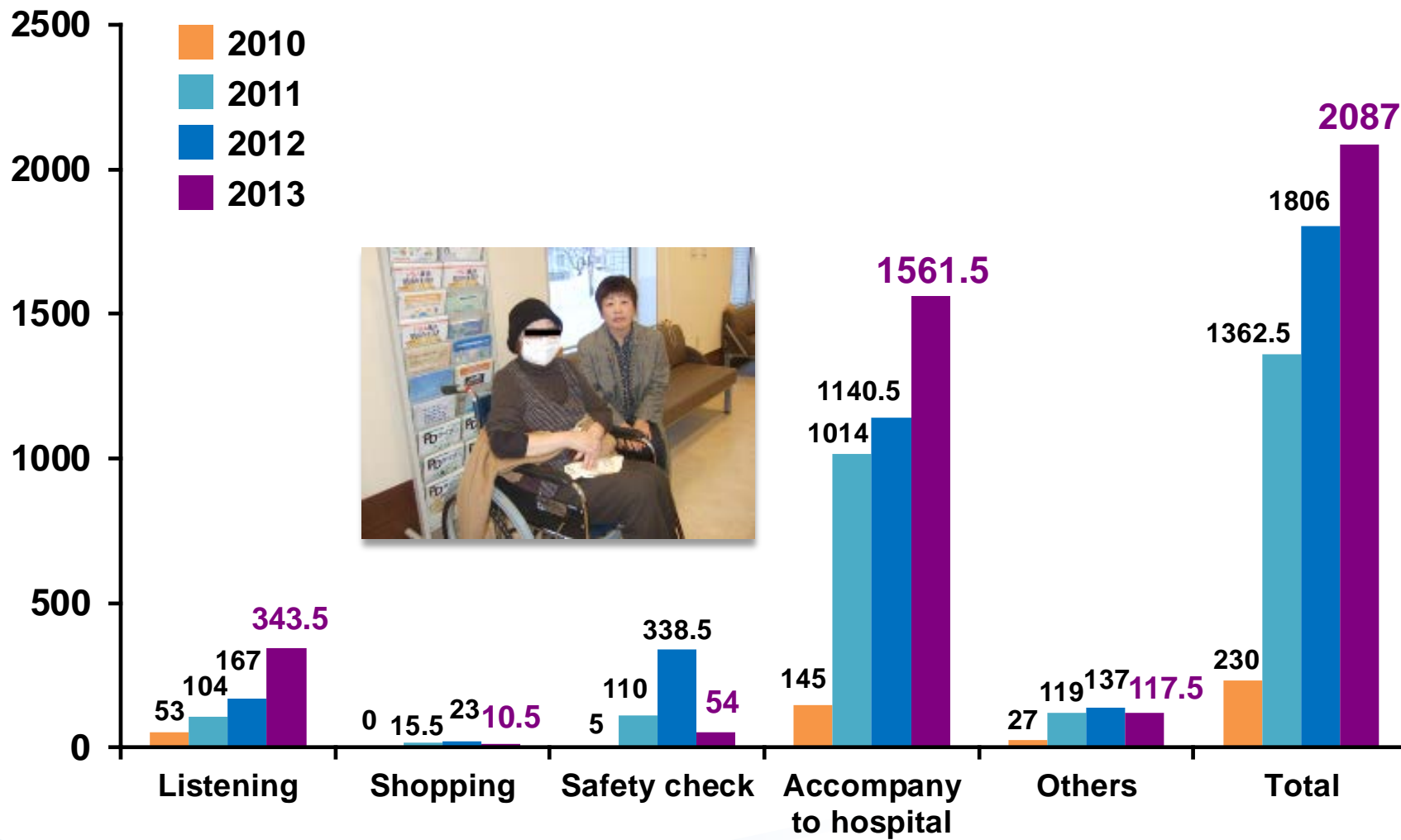
イアが組織化することで、仲間を育成し、地域全体で患者と家族を支える狙い。



# Hours Spent on “Pokke” Activities



Fee-based volunteering: 600 yen per hour (350 yen for a volunteer)



# Activity Episode



- A son who is in charge of chief mourner asked us to take care of his mother with dementia all night for keeping vigil.
- A woman who became alone after her son's death feels scared by seeing her son's ghost every night. She asked us to stay with her overnight even for just a short period until admission to a nursing home.
- Elderly caregiver himself had to go to hospital urgently, then asked for caring service.



Support “**Right Now**”!!

# Sunagawa City Ordinance on Support for Active Living of Elderly (2013)



To promote activities to support active living for elderly people and assist them with their daily living, this ordinance aims to clarify the basic principle of those activities and roles of the city, citizens and business entities, while stipulating the obligations and responsibilities associated with the provision and handling of information concerning elderly people, so that it can contribute to building a community where each member can comfortably lead an active, spiritually rich lifestyle throughout his/her life. (The rest is omitted.)

## Community Care Program for Elderly (2013)

Based on the registry for householders aged 65 or older, elderly person living alone or elderly person-only households, who are considered potentially at risk, are selected and visited by a nurse specializing in comprehensive care and a staff member of the Senior Citizens' Welfare Division to assess their needs for supportive services.



The results are discussed among the regional comprehensive support center, neighborhood association, welfare commissioners and public administration to provide necessary support from the neighborhood association and welfare commissioners, along with appropriate medical and welfare services.







Population aged 65 or older in Sunagawa City

**6,187 people** (H26.3)



Enrollment of "Information system for elderly people aged 65 or older"

**5,964 people** (H26.3)



Neighborhood association etc. which completed their discussion to comprehend elderly people in need of care **83 out of 90 neighborhood association etc.**

**Elderly people living alone**  
**About 950 people**

**Elderly people who was visited actually**  
**About 760 people**

**Elderly people who provided their information with their consent**  
**About 600 people**

**Elderly people with suspected dementia**  
**4-5 people**

As of August 29, 2014



# Cooperation of Care Program for Elderly and Initial-Phase Intensive Support Team



Care Service Office

Medical Center for Dementia,  
Sunagawa City Medical Center



Care Service

See a doctor



Cooperation

Community care  
program for Elderly

Regional Comprehensive  
Support Center

Nurses



The Senior Citizens' Welfare  
Division

Staffs



Early detection  
of dementia  
by visiting

Elderly person living  
alone



Elderly person-only  
households



Assessment  
by visiting

Initial-Phase  
Intensive Support Team

Medical Center for Dementia



Nurses



Doctors

Regional Comprehensive  
Support Center

Nursing Care  
Workers



Information  
provision



**The Initial-Phase  
Intensive  
Support Team  
Project**

**Care  
Program  
for Elderly**

**Volunteer  
“Pokke”**

**Can live in the town  
which lived so long  
forever**

