

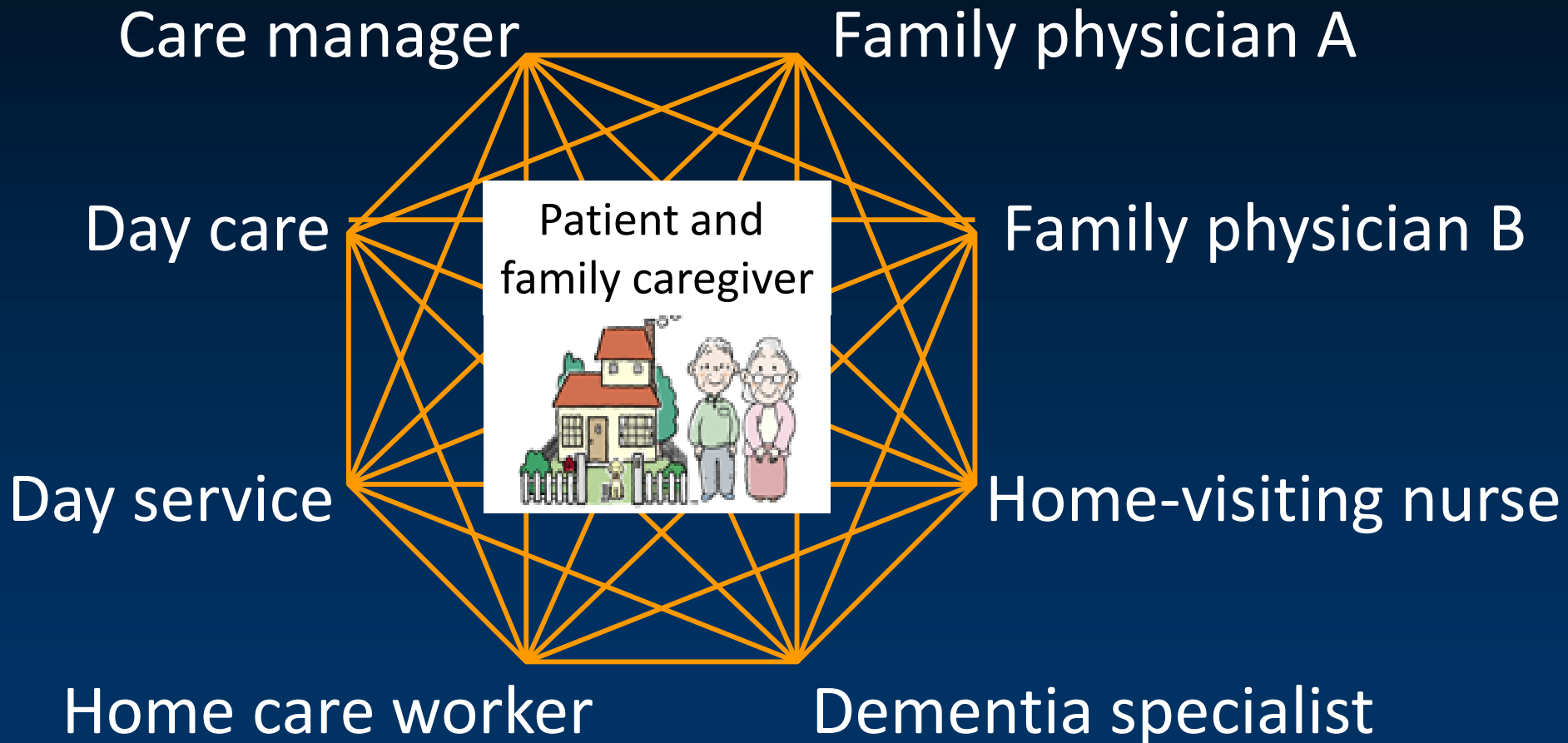
Effect of a regional cooperative system for dementia patients with a collaboration notebook

Hiroaki Kazui

Department of Psychiatry
Osaka University Graduate School of Medicine

Disclosure: Our activities were supported in part by research grants for Research on Dementia from the Ministry of Health, Labour and Welfare of Japan, the Sugiura Foundation for the Development of Community Care, and the Nippon Life Insurance Foundation for Aging Society.

Need for collaboration among the many people caring for dementia patients living at home



Our system for dementia patients consists of:

- Collaboration notebook

A collaboration notebook to support your life

- Disease- and severity-specific care guidebooks



- Collaborative meetings



The collaboration notebook to support patient life at home

- Provided for the patient when diagnosed with dementia
- Brought by a caregiver whenever a patient attends a healthcare provider
- Consists of two parts:
 - First part: patient's clinical information
 - Second part: information for sharing

**A collaboration
notebook
to support your life**



平成21年度厚生労働科学研究費補助金認知症対策総合研究事業
「認知症の行動・感情症状に対する認知症家族の協働ケアシステム構築プロジェクト」
「認知症に関する研究」研究協議

Yellow page for information sharing

Name and occupation (circle) of person writing the note

Questions or information to be shared

Example: From a family physician: "I have prescribed medication for delusions. Please observe the patient for any dizziness or drowsiness."

Name of person for whom information is intended or from whom a response is requested

Response by specified persons

Example: "There has been no dizziness or drowsiness."

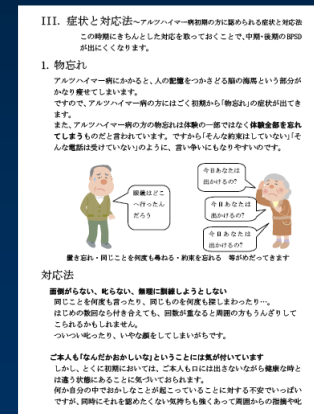
Everybody should read the notes and sign and date after reading.

【シート2】情報共有連絡票 この連絡票での回答では診療情報提供料の算定はできません

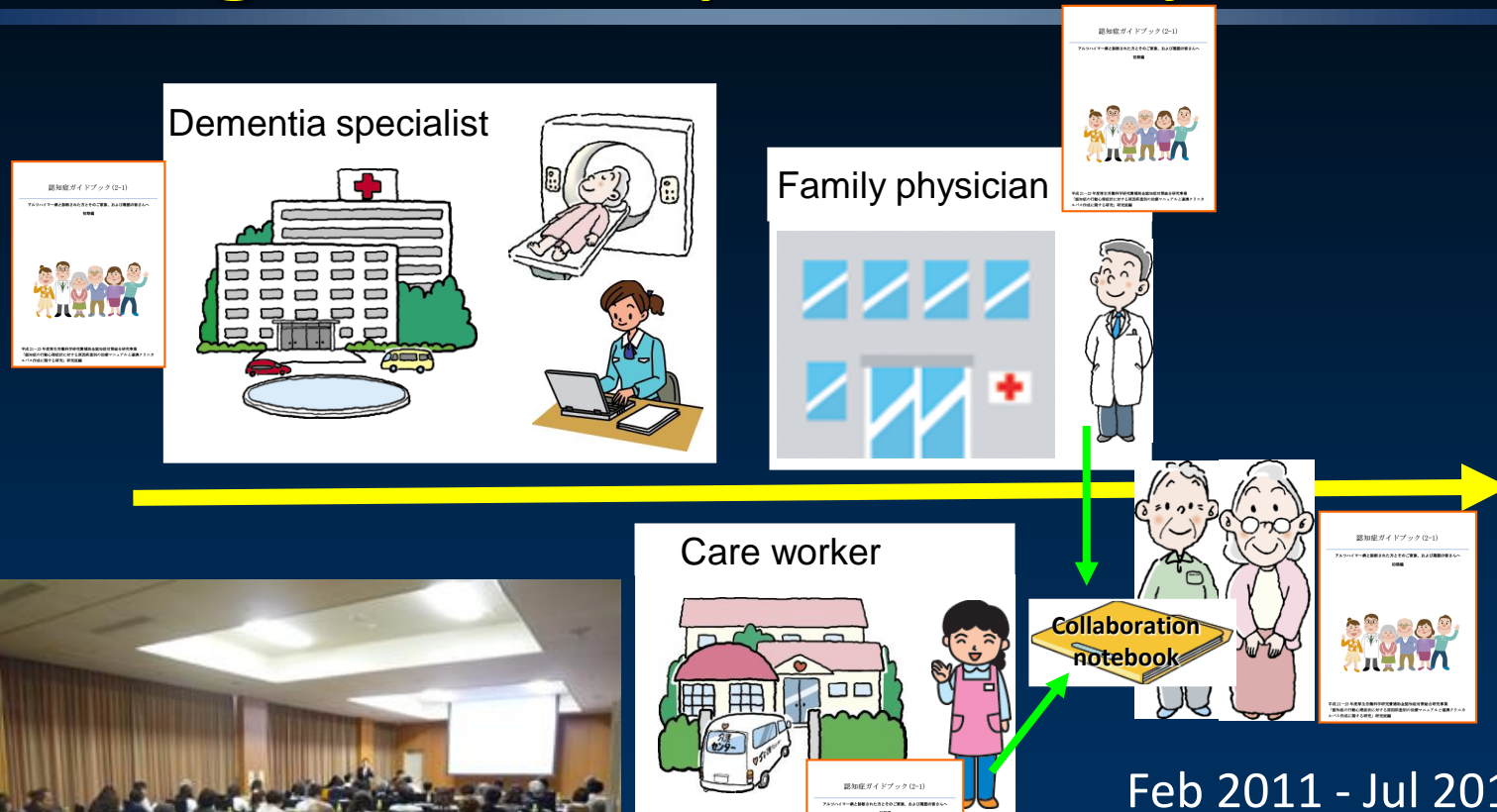
質問する人	答えてほしい人
ご本人・ご家族 ケアマネジャー かかりつけ医・()科医 認知症専門医 介護スタッフ・地域包括センター その他()	ご本人・ご家族 ケアマネジャー かかりつけ医・()科医 認知症専門医 介護スタッフ・地域包括センター その他()
9/ 5(水) 所属 CPC川西 氏名 妙見さくら	9/ 11(火) 所属 知明湖デイ 氏名 多田
ケアマネに問いました。入浴拒否については、それぞれのサービスの中で、いろいろ声かけをして、無理のない促しをお願いしたいと思います。	入浴の件、いろいろ工夫をしていますが、たいと思います。花咲節さんとの信頼関係を一番にしたいと思います。
3日の川西大受診でアリセプトが増量されました。今のところ食欲不振等はないとのこと。ここ半月夜の不穏が少しあるようです。単に寝苦しいからかもしれませんが、注意して行きたいと思います。	
	記入見本
確認者サイン	指名された方に限らず、読んだ方は所属(「デイ」や「ショート」で構いません)・サインと日付を記して下さい
川西 9/5 訪介 平野 9/7 ケアマネ 妙見 9/19	
川西 9/11	

Disease- and severity-specific care guidebooks

- 10 kinds:
 - Overview
 - Alzheimer's disease: early · middle · late stage
 - Dementia with Lewy bodies: early · middle · late stage
 - Frontotemporal lobar degeneration: early/middle · late stage
 - Vascular dementia
- contains a small number of pages and focuses on
 - the common types of Behavioral and Psychological symptoms of Dementia (BPSD)
 - how to cope with the BPSD in a specific stage of a particular disease.
- Prompt and appropriate measures to be taken by a nearby people if patient has mild BPSD in order to prevent worsening of BPSD.



Trial implementation of regional cooperative system



Collaborative meeting

- Feb 2011 - Jul 2011
- 59 Dementia patients (& caregivers)
 - 75 Family physicians
 - 48 Care managers
 - 84 Care facilities

Results:

Family impressions and comments

(%)

80

60

40

20

0

■ Notebooks ■ Guidebooks ■ Meetings

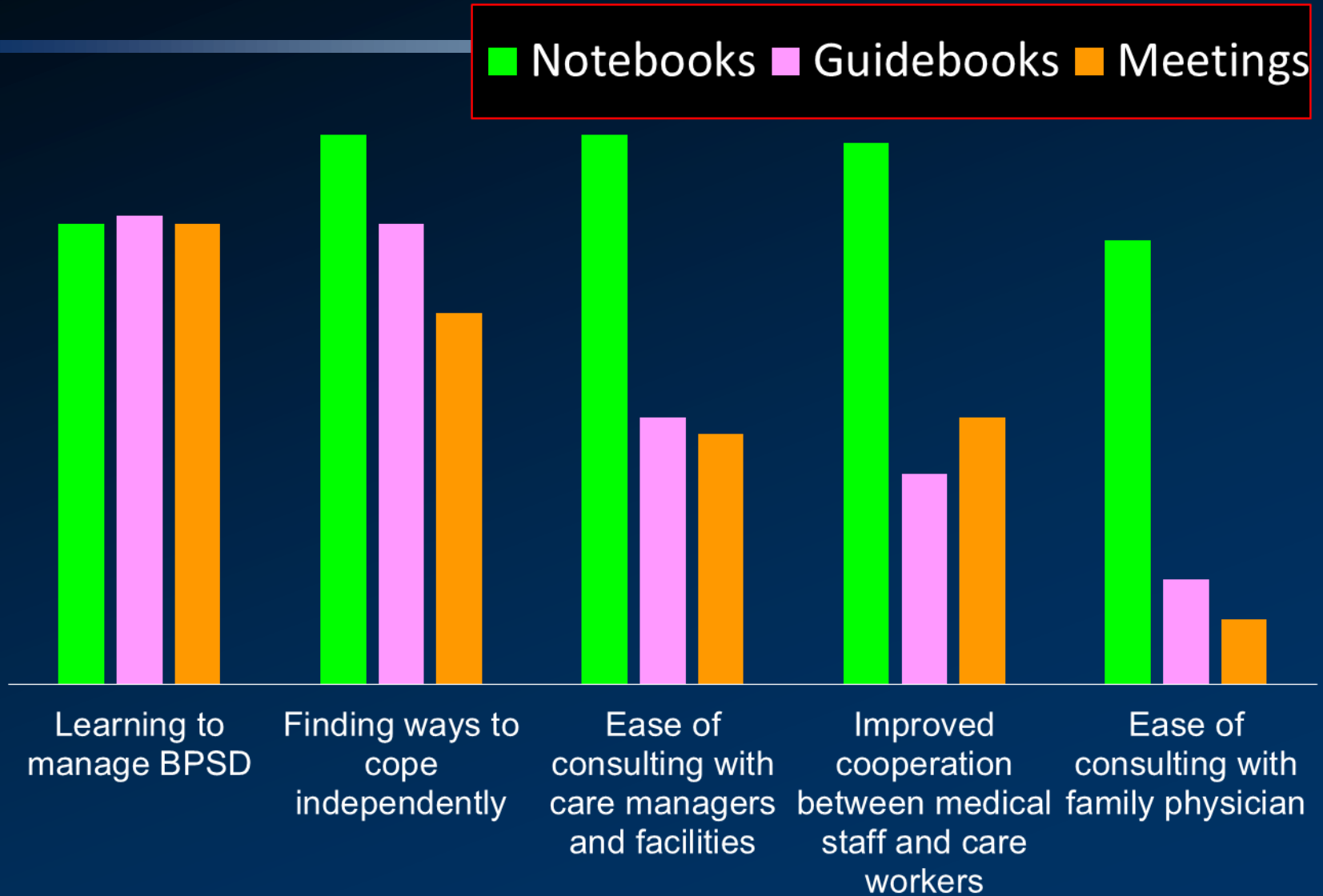
Learning to
manage BPSD

Finding ways to
cope
independently

Ease of
consulting with
care managers
and facilities

Improved
cooperation
between medical
staff and care
workers

Ease of
consulting with
family physician

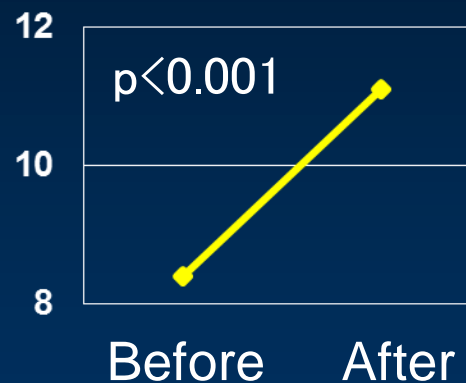


Benefits of regional cooperative system

Family knowledge about dementia and caregiving



Family physician's understanding of patient condition



Family caregiver burden (ZBI)



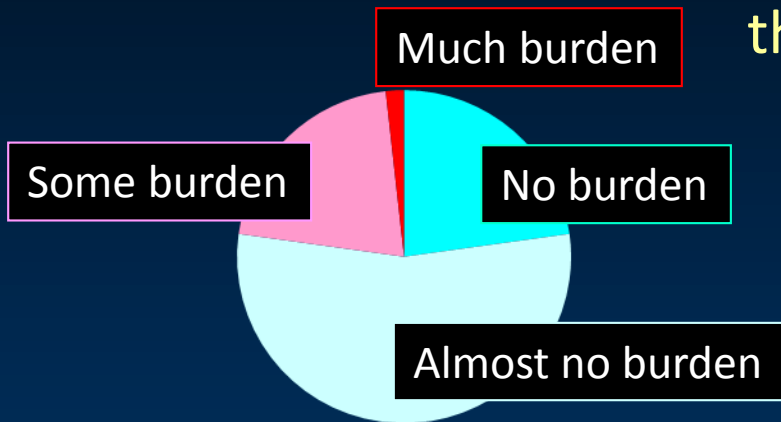
(Kazui H, Sugiyama H, Takeda M. Jpn J of Clin Psychiatry 2012;41(12):1731-40)

(<https://www.e-rapport.jp/team/clinicalpath/sample/sample22/01.html>)

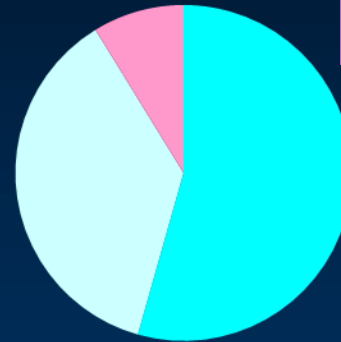
Burden of using notes and their usefulness

Family caregivers

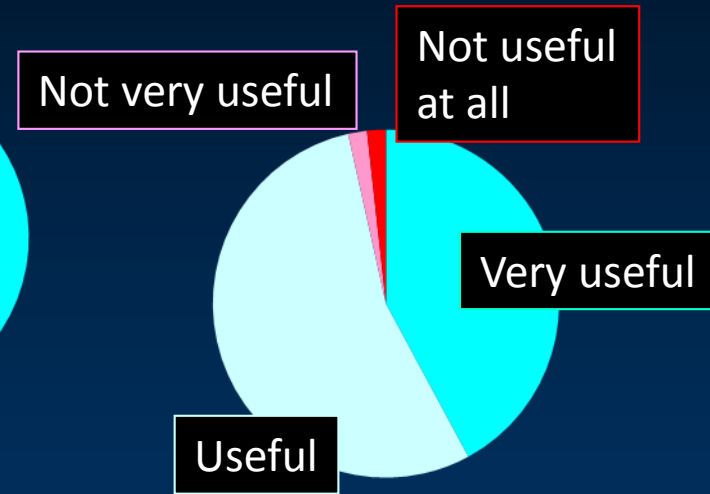
Burden of writing notes



Burden of carrying the notebooks

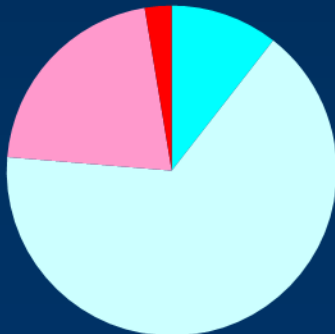


Usefulness

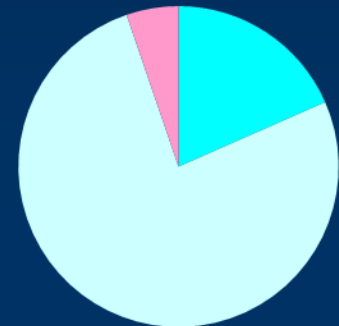


Family physicians

Burden of writing notes



Usefulness



Kawanishi City collaboration notebook (tsunagari note) system

- Introduction of our regional cooperative system
 - Starting in 2013
 - Kawanishi City, Hyogo Prefecture
 - Population: 160,000; 25% elderly
- Creation of Kawanishi City collaboration notebooks (tsunagari note)

Hyogo Pref.

Kawanishi City



Kawanishi City collaboration notebook (tsunagari note) program

Criteria for candidate selection:

- Residents of Kawanishi City
- Support Required level of severity 2 or more in the Japanese Long-term Care Insurance system



3073 persons extracted from city government database



Feb 1, 2013: Use of notes begins

- April 18, 2013: 463 users



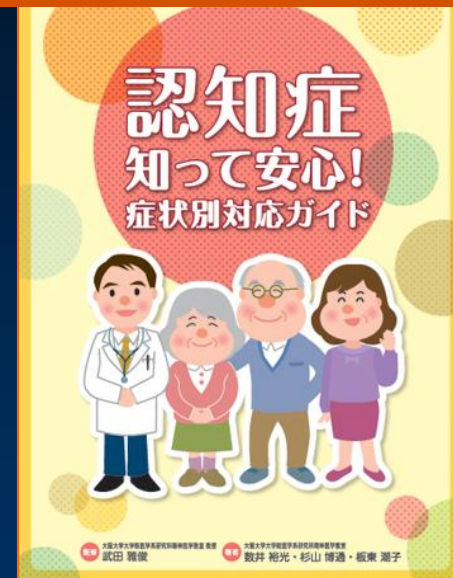
Collaborative meetings: Held 4 times a month at start of project

- Mini-lectures by dementia specialists
- Discussion by all participants on how to use notes more effectively.

Promotion of continuous educational activities

- a series of lectures with a dementia care guidebook
- e-learning program

dementia care guidebook



<http://www.handaichiikirenkei.com/movie/>

- continually searching for ways and means to more effectively use the notes and to support dementia patients living at home