# Dementia Prevention and Care in Japan

### November 5<sup>th</sup>, 2014

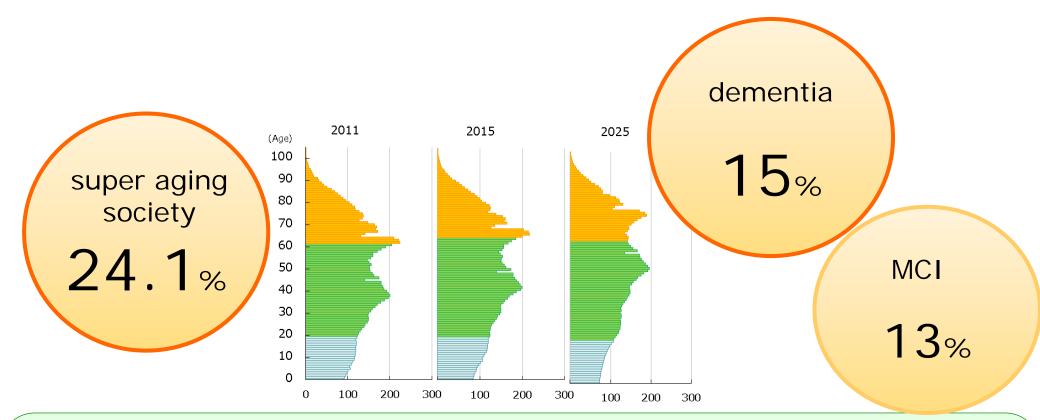


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### In 2004, the Japanese Government modified the Japanese terminology for "Dementia" Cognition Idiocy Disorder Stupidity (Ninchishō) (Chihō)

### Aging Society and Dementia in Japan

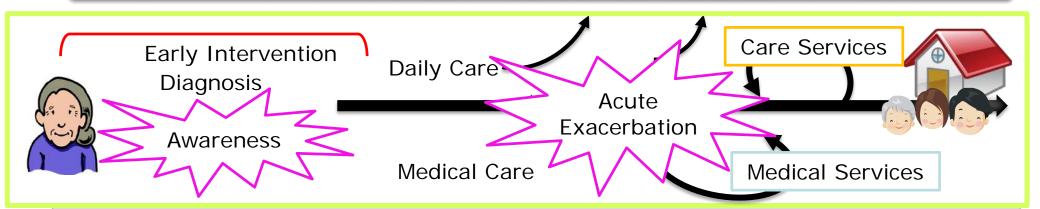


Proportion of the elderly in Japan is the highest in the world.
Prevalence rate of dementia is estimated to be 15% (12-17%, 95% CI), higher than any previous reports in Japan.
Prevalence rate of MCI is estimated to be 13% (10-16%, 95% CI).

## Orange Plan

Five-Year Plan for Promotion of Dementia Measures (2013-2017)

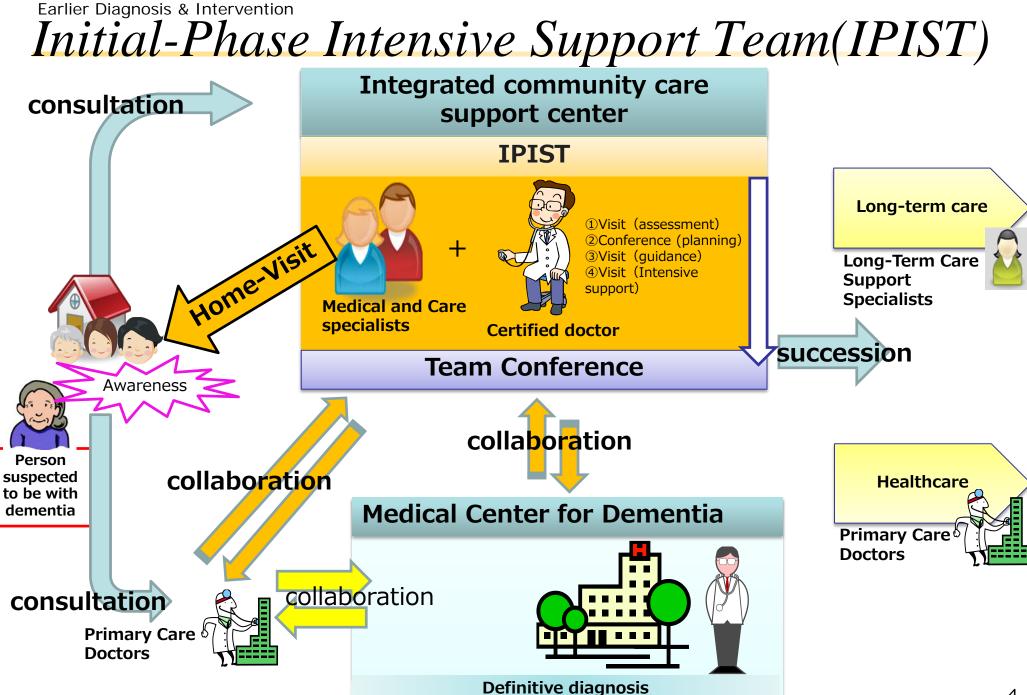
- 1. Development of Standard Dementia Care Pathway
- 2. Earlier Diagnosis & Intervention
- 3. Improved Health Care Services to support Living in Community
- 4. Improved LTC Services to support Living in Community



5. Better Support for Daily Living and Family Caregivers

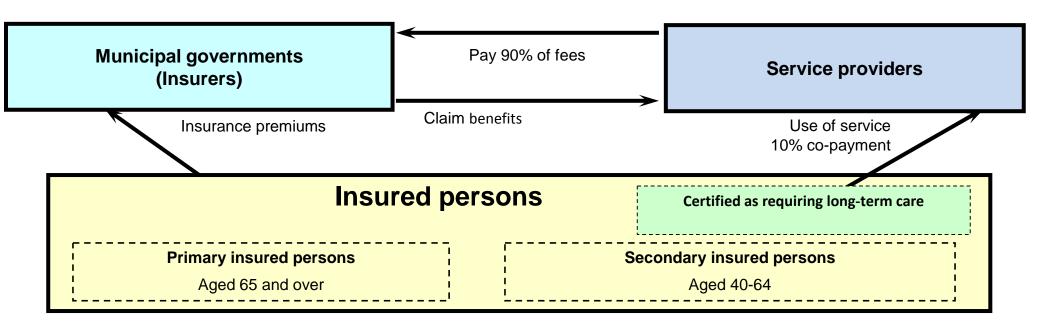
6. Reinforcement of Measures for Younger Onset Dementia

7. Training of Personnel Engaged in Care Services



### Structure of the Long-Term Care Insurance System

#### [How the long-term care insurance system works]



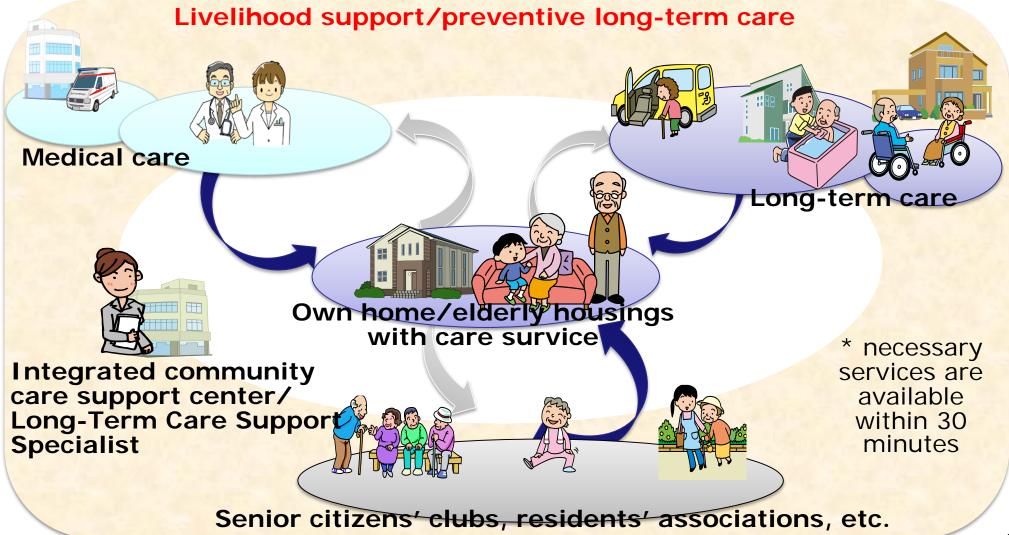
#### [Examples of the long-term care services]

- O Home-visit long-term care
  - ※Provided by Home Helpers
- O Home-visit nursing
  - ※Medical care is provided by nurses
- O Outpatient day long-term care
  - **※**By visiting Day Service Centers

- O Short-stay services
  - ※ Short-term admission to facilities
- O Group home for persons with dementia
- O Facility services

## Integrated Community Care System

To live in community in a pleasant and familiar environment





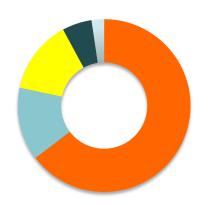
# "Dementia Supporters"

Training Program

# 5.5 million Participants

as of Sep, 2014

-people of every generation, every occupation are becoming



- Community
- Office
- School
- Public office
- LTC Service Providers



"Dementia Supporters"

