



Federal Ministry  
of Health

# **Dementia Care and Prevention in Germany: Challenges and Fields of Action**

Global Action against Dementia  
Legacy Event Japan –  
New Care & Prevention Models

Tokyo, 5th / 6th November 2014

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# The Challenge

## Consequences of a changing population

- low birth rate: 1,4 children/woman, increasing life expectancy
- Population: 81 mio. today → 65-70 mio. in 2060
- Increasing number and share of elderly people: 21 % (today) → 29% (2013) → 34 % (2060)
- Increasing number of people in need of care: 2,4 mio. (today) → 3,2 mio. (2030) → 4,2 mio. (2060)
- Increasing number of people with dementia: 1,4-1,5 mio. (today) → 2,2 mio. (2030) → 3 mio. (2060)



# Concepts and Tasks

- Supporting and coordinating research efforts in diagnosis, therapy and preventive measures
- Improving the Long-Term Care Insurance scheme, focussing on people with dementia
- Developing and supporting instruments and therapies not based on drugs
- Focussing on care at home
- National alliance for people with dementia



# Long Term Care Insurance

- Compulsory system for entire population based on contributions
- More than 2.5 persons receiving benefits (cash or kind); but: covering only a share of total costs
- Reform Acts 2012 /2014 aimed at
  - improving and enhancing level of benefits for people with dementia
  - offering more flexible support to people with dementia and families
- Accessibility: current definition and assessment of need of care based on physical problems / needs



# Families and Neighbourhoods

- Home Care (1.74 Mio. persons):  
family care / informal caregivers: 80%  
12300 care services: 20%
- Individual approaches, based on e.g:
  - ◆ Counselling
  - ◆ relief measures for family carers
  - ◆ volunteer work
  - ◆ new forms of accommodation
- Local Alliances for people with dementia



## Joining Forces – Alliance for people with dementia

- „**Joining forces for people with dementia**“
- Agenda signed on Sept. 15th, 2014  
by ministers and stakeholders
- Four fields of action / ca. 150 measures:
  - ◆ Science and Research
  - ◆ Social responsibility
  - ◆ Support for people with dementia and their families
  - ◆ Structuring the support and health care system
- Progress report in 2016